

*"I want the same chances at life as my peers
without adversity or vulnerability, we aren't
hard to reach"*

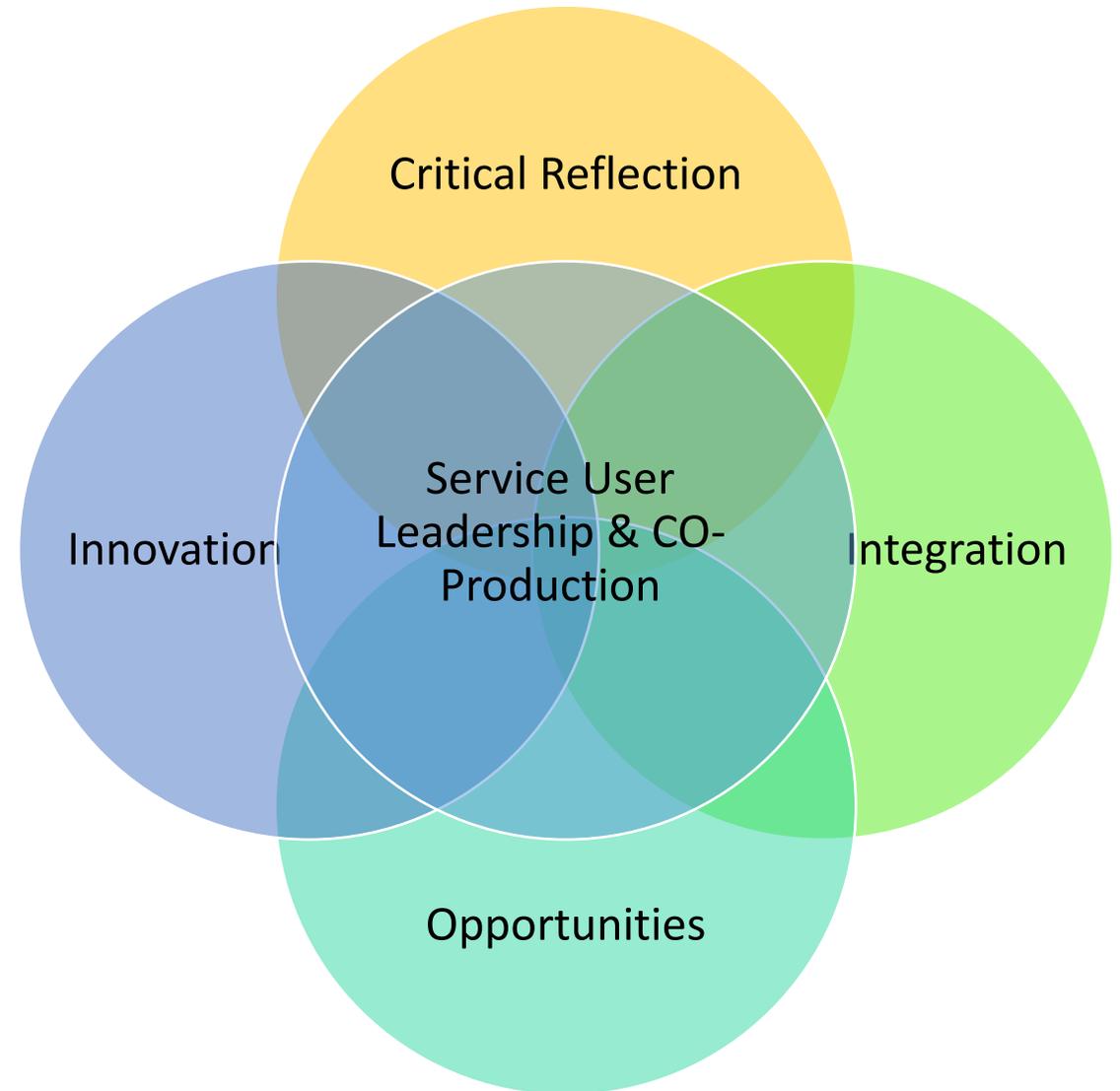
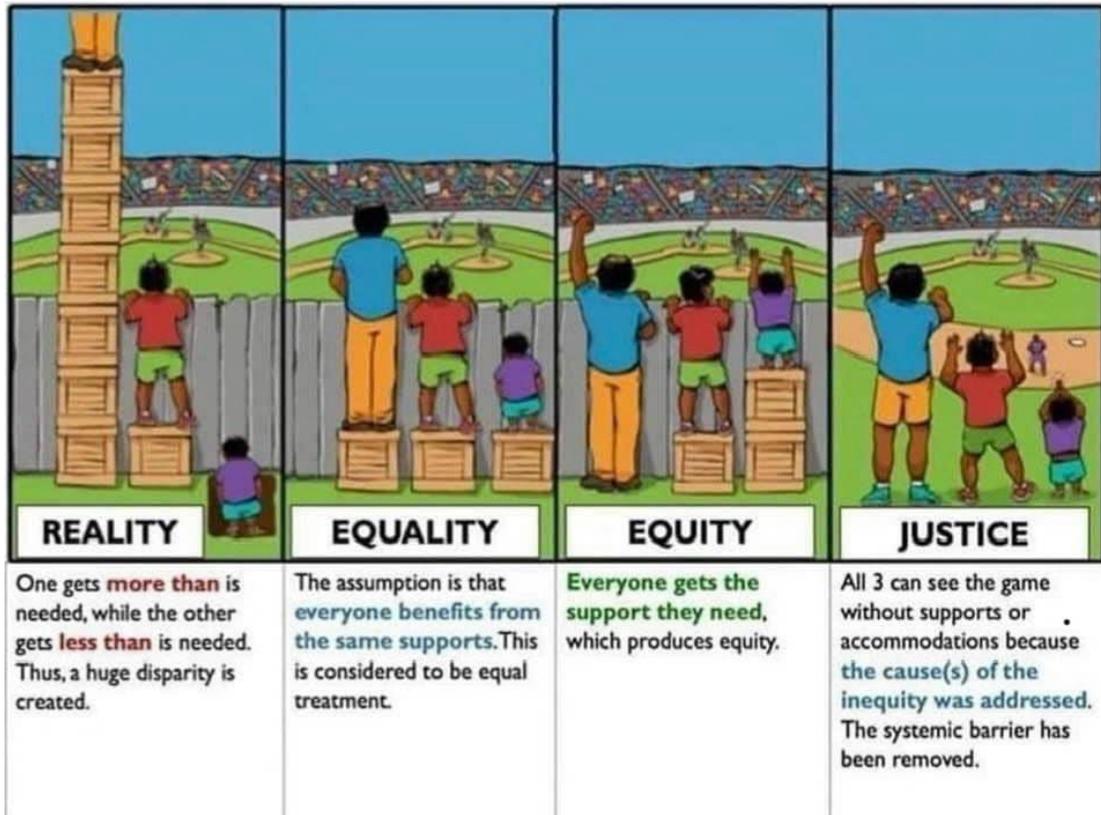
North East London CYP MH

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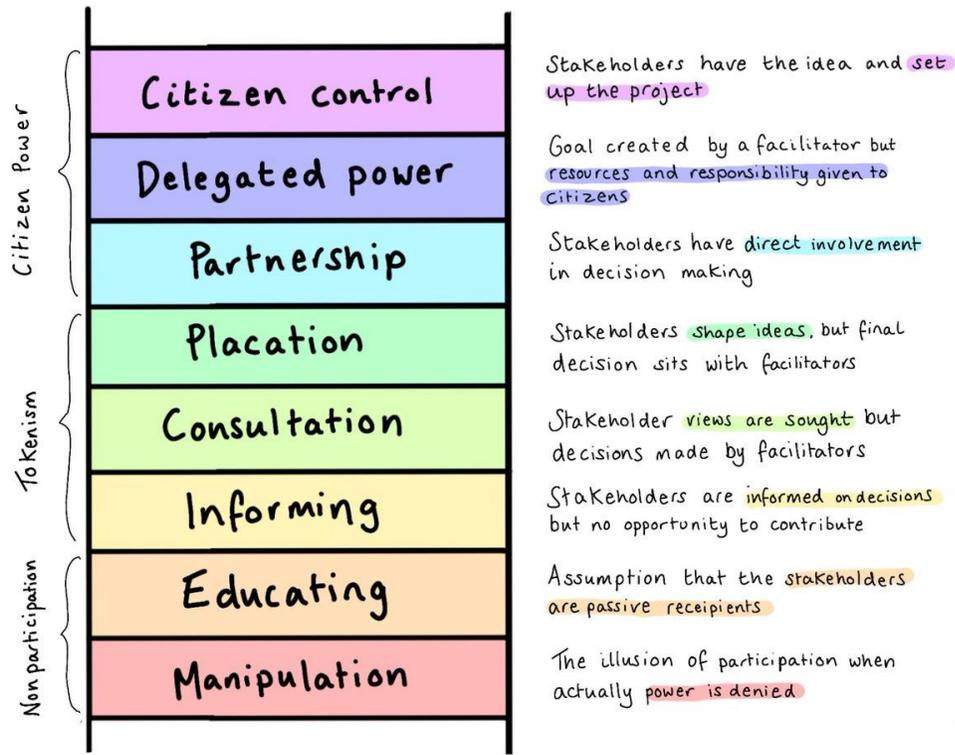
Programme Lead: Mental Health in Schools

Approaching Inequalities



Levels of Participation & All About Me

Ladder of Participation (Arnstein, 1969)

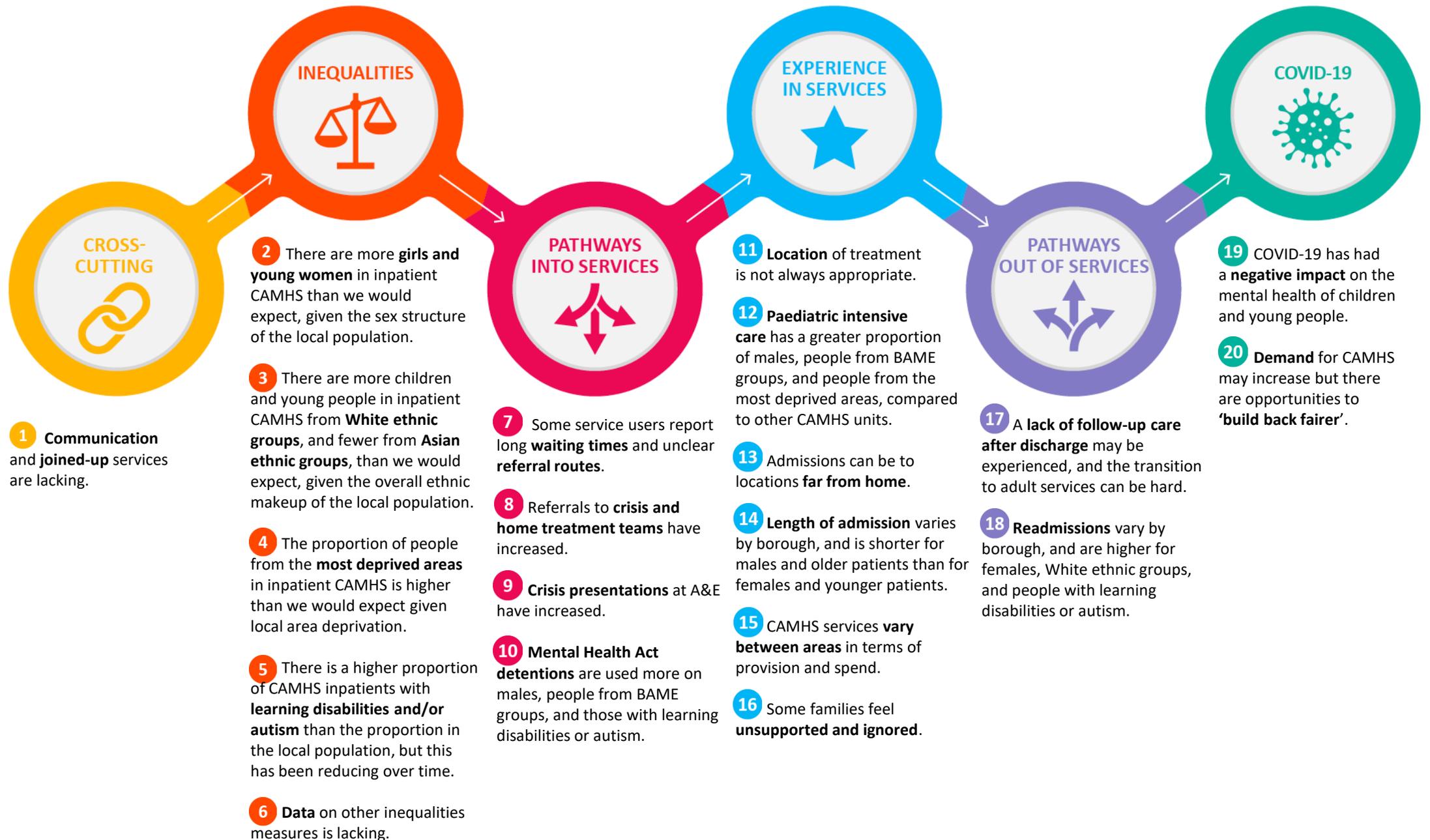


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Drawn by Juliet Young



- Over 300 Registrations and 200 attendees
- Representations from Young People, Carers, Parents, Teachers, AE Staff, Police, School Governors, GPs, Schools Nursing, Voluntary Organisations, ICS Leads and CAMHS
- An interactive, reverse conference, where the delegates are the experts
- Activities in 60 breakout rooms included, Jamboards, panel discussion, Slido and Chat QA



Areas of work addressing inequalities

Cohort Specific

- Transgender and gender questioning offer
- Intensive/ different support for cohorts such LAC, young carers, LGBTQ, SEND
- Collaboration between CYPMH and BCYP e.g. social prescribing

Schools

- Champions for different pupil groups to drive strategic direction
- Whole school approach, potentially trauma informed approach
- Pupils outside of school- excluded, NEET, home schooled
- Transition points – Year 7 check in, Lumi Nova, transitions review

Workforce

- Does it reflect the local population?
- Are we creating opportunities locally?
- Do we have the right skills to meet need and wants?

Digital

- 3 digital participation workers to get into communities to understand the want and need
- Social Media – how do we become more relevant? E.g. TikTok

Social Prescribing

- NEL commitment to social prescribing in YP
- A diverse range of activities
- Support to access both a trusted person or financial help

Strategic Health Needs Ax

- We know what the data tells us, now to co-produce a plan
- Intensive pathways for Eating Disorders, those who struggle with life threatening self harm, SEND
- Collaboration – who and how?

Trauma informed Systems

- Multi Agency TIA forums
- Serious youth violence and criminal exploitation
- Creating safe and culturally competent spaces