



Co-POWeR:

Consortium on Practices for Well-being and Resilience
in BAME Families and Communities

Co-POWeR



Research Project Summary

Two viruses – COVID-19 and racial discrimination – are currently killing in the UK (Solanke 2020), especially within BAMEFC who are hardest hit. Survivors face ongoing damage to wellbeing and resilience, in terms of physical and mental health as well as social, cultural and economic (nonmedical) consequences. Psychosocial (ADCS 2020). Co-POWeR investigates the combined impact of these viruses on practices for wellbeing and resilience across BAMEFC in the UK to create an holistic idea of vulnerabilities damaging BAMEFC.

Work Packages Overview

WP1: Emergency Powers investigates these vague COVID Act powers to understand their impact on practices of wellbeing and resilience across BAMEFC.

WP2: Children, Young People and their families investigates significant implications for children/young people in BAMEFC (Carter 2020) who experience COVID-19 negatively due to disproportionate socio-economic and psychosocial impacts on their families and communities (ADCS 2020);

WP3: Care, Caring and Carers investigates the interaction of care, caring and carers within BAMEFC to investigate how to increase the wellbeing and resilience of older people, and paid and unpaid carers.

WP 4: Physical Activity and Nutrition will investigate improving resilience and wellbeing by tackling vulnerability to underlying health conditions (cardiovascular disease, obesity) in BAMEFC, which may have contributed to the disproportionately high severity of illness and deaths from COVID-19 (PHE Report 2020).

WP5 Empowering BAMEFC through Positive Narratives channels research from WP1-4 to coproduce fiction and non-fiction materials tackling the vulnerability of BAMEFC to 'mis infodemics' (IOM 2020): multi-level misrepresentation, linguistic and cultural miscommunication, that undermines understanding of the public health crisis and marginalises BAMEFC.