



What is a Schwartz Round?

Schwartz Rounds provide a structured forum where all staff, clinical and non-clinical, come together regularly to discuss the emotional and social aspects of working in healthcare.

What is the purpose of Schwartz Rounds?

The purpose of Schwartz Rounds is to understand the challenges and rewards that are intrinsic to providing care.

What are the benefits of attending Schwartz Rounds?

Schwartz Rounds can help staff feel more supported in their jobs, allowing them the time and space to reflect on their roles. Evidence shows that staff who attend Rounds feel less stressed and isolated, with increased insight and appreciation for each other's roles. They also help to reduce hierarchies between staff and to focus attention on relational aspects of care. The underlying premise for Rounds is that the compassion shown by staff can make all the difference to a patient's experience of care.

Format of Rounds

Schwartz Rounds normally take place once a month for an hour. Once the Round starts, a panel, comprised of three staff, share their experiences for the first 15-20 minutes. A Round can either be based on different accounts of a case, or can explore a particular theme such as 'when things go wrong' or 'a patient I'll never forget'. Experiences are shared from the perspective of the panel member – not the patient – and the emphasis is on the emotional impact. The remainder of the hour features trained facilitators leading an open discussion. They do this by asking participants to share their thoughts and reflections on the stories.

Where I can find more information?

Further information about Schwartz Rounds can be found [here](#).