

Appendix C: Fact-finding survey – what work already exists



An overview of organisations' work on internal stigma:

London HIV Prevention Programme	HIV prevention, testing, diagnosis, serodiscordant relationships via sexual health promotion work for MSM across London.
Deaf LGBTIQA	Hosted a workshop solely in British sign language around HIV/PrEP. Raising awareness of barriers faced by deaf people who use British sign language and are LGBTIQA.
Terrence Higgins Trust	Positive voices is one of THTs' core strategic projects to fight stigma and amplify the voice of people living with HIV. A positive voices session will involve a talk, delivered by a person living with HIV. Post session paper-based surveys are circulated for all recipients of a talk. Other formats involve workshop sessions, Q&A and training on HIV awareness. THT are in the process of training co-production champions who will work with staff to shape the future programme.
Positively UK	Positively UK supports people through peer support to address internalised stigma and stigma in the community at some level. Specifically, Project 100 is a national peer mentoring training, which empowers individuals to become peer mentors.
The Food Chain	'Eating Together' and 'Eating Positively' - services from The Food Chain bring together the most vulnerable and marginalised people living with HIV in London in a safe space where information and experiences are shared with others in relation to all aspects of living with HIV. The services lead to volunteering and work experience opportunities as well as being a place where stories can be shared with peers and others.
METRO Charity	METRO Charity has different projects tackling different areas of stigma. For self-stigma, METRO has an: Emerging Communities Programme supported by MAC AIDS fund, facilitating a peer-led approach to both HIV prevention and support for new MSM communities in London; Crib and Reach youth groups for young people affected by HIV; family support services for families affected by HIV; Positive People's Network of groups and activities for people affected by HIV and HIV counselling.
NAZ	'Testing Faith' is a programme that was developed by NAZ in recognition of the role that faith communities can play in HIV prevention, HIV testing, support and treatment. The intervention has been designed to ensure that faith leaders have the right knowledge and skills to engage in HIV prevention and treatment and support people living with HIV. NAZ also offers peer support.
Positive East	Positive East offer one-on-one peer mentoring to anyone living with HIV, within the catchment area.
Plushealth	Plushealth offer online peer support for people living with or affected by HIV across the UK.

An overview of organisations' work on stigma in places or environments:

London HIV Prevention Programme	The Do It London campaign is targeted at staff working in 32 London Councils and associated/commissioned organisations (such as the NHS/primary care settings). The London HIV Prevention Programme also tackles stigma in social care and local council spaces.
Terrence Higgins Trust	THT will be developing a campaign for health professionals to challenge stigma and misinformation in primary health settings, and will also target education settings, corporates and the police force.
Positively UK	The Changing Perceptions campaign and activist training (in collaboration with NAT and PHE).
Positively Mindful CIC	The Positive Affirmation Day movement developed into workshops that were held in various locations, such as Homerton peer support groups.
Sexual Health in Practice (SHIP)	Sexual Health in Practice training sets out to improve quality of sexual health care in primary care and has been measured as effective through a strong impact on HIV testing and diagnosis. There is a central focus on communication, rapid risk assessment for sexual health and verbal strategies. These approaches help GPs and practice nurses avoid wrong assumptions or appearing judgmental. Integrated with positive and up to date education on clinical knowledge and skills we are confident that GPs and practice nurses will be better equipped to avoid stigma.

An overview of organisations' work on stigma in society:

London HIV Prevention Programme	Public attitudes, knowledge, perceptions and myth-correcting via pan-London multi-channel Do it London campaigns (across public space, digital and social media, print, broadcast and online) focused on prevention but also myths around HIV, and living well with HIV, including the centrality of promotion of U=U.
Terrence Higgins Trust	THT's Can't Pass It On campaign has run in 2017, 2018 and 2019 communicating the U=U message in a simple way to a wide audience, including people living with HIV and the general public. In 2020 THT will be developing the campaign for health professionals to challenge stigma and misinformation in primary health settings.
Positively UK	Four projects Positively UK have been developing in the past couple of years have a strong focus on individual and collective empowerment alongside mobilising people with HIV to become more visible as agents for change: <ul style="list-style-type: none"> • Changing perceptions campaign. • Catwalk4Power: Led and run by women with HIV - an empowerment project that uses creativity to develop women's leadership skills and organises public events and

	<p>performances which focus on women's experiences of living with HIV. Catwalk4Power Toolkit launching in February 2020.</p> <ul style="list-style-type: none"> • Seeds project: A horticultural project for the over 50's which has set up U=U flower beds in public spaces to increase public awareness of how HIV has changed.
Positively Mindful CIC	<p>#positiveaffirmationday is an annual event that has been evolving since 2013, it is a grassroots movement, developed and inspired by people living with HIV. It has grown from one simple profile picture on Facebook to a global statement of empowerment. Each participant is encouraged to share a life affirming status following the words #Iam, originally limited to the letters H I and V this year any words or language can be shared that promote a sense of well-being and self-worth.</p>
METRO Charity	<p>GMI Partnership, led by METRO in partnership with Positive East and Spectra, delivers the Gay Men's Prevention Programme, working with London Councils and Elton John AIDS Foundation, which includes outreach and HIV testing in gay men's venues (bars, sex shops, clubs and saunas). This work actively includes challenging HIV stigma and normalising conversations about HIV and PrEP. The London Council's element of this work operates under the Do It London brand, forming the complimenting outreach work to the advertising campaign.</p>
NAZ	<p>The 'Testing Faith' programme was developed by NAZ in recognition of the significant role that faith communities can play in HIV prevention, HIV testing, support and treatment. The intervention has been designed to ensure that faith leaders have the right knowledge and skills to engage in HIV prevention and treatment as well as the capacity to support people living with HIV.</p>