

The London Vision

We have a shared ambition to make London the world's healthiest global city, and the best global city in which to receive health and care services.



We know we need to work together across public services and wider society, both to make the most of opportunities for good health and tackle issues that cause poor health and health inequalities. The London Vision sets out our shared priorities as a partnership and will guide us as we design London-wide and local action together with Londoners.

The Vision represents a major milestone in our partnership. It builds on significant collaborative work over several

years through which we have achieved things like a new social movement for better mental health (Thrive LDN), the first London Estates Strategy, and much more. It is the beginning of a conversation about the next phase of this collaborative work, and an important invitation to you – professionals, partner organisations, the community and voluntary sector and members of the public – to discuss and debate it with us.

What is the partnership?

The partnership is made up of:



MAYOR OF LONDON



What health challenges does London face?

Like many big cities, London offers a wealth of opportunities for people to lead healthy and happy lives, but it also presents issues and challenges to health. People are living longer but many are living in poor health, and significant health inequalities persist. No one's health should suffer because of who they are or where they live.

2 million

Londoners experience mental ill health every year

400,000

Children under 18 live in areas that exceed legal limits for air pollution

12

Londoners die each week from suicide

8,000

Smoking remains London's leading cause of premature death, killing 8,000 people per year

200,000

offences of violence including 120 homicides were recorded in London in the 12 months to March 2019



The number of rough sleepers in London has more than doubled in the last 10 years



Despite considerable progress, HIV is twice as common in London as it is in England

Almost 40%

of children in Year 6 are overweight or obese

2x

People with dementia stay in hospital twice as long as other older people

What is our approach?

We cannot rely only on treating people when they become ill. We need a shift in emphasis and resources towards understanding and preventing the root causes of ill-health and tackling health inequalities. This means thinking about the places where people are born, live, work and age; how we value diversity and difference in our communities; and the roles that friends, families and communities play.

We are taking a life course approach, which means we are looking at what support people need to be well throughout their lives – to start well, live well and age well. The city as a human-made environment provides a unique opportunity to shape our own future by designing and building places that enable all Londoners to thrive throughout their lives.

To achieve this, we are developing new, joined-up approaches to health and care, including shared decision-making and joint service provision. We will also work together to: make sure we have the workforce to provide the care Londoners need; harness the power of digital innovation to proactively predict, manage and prevent poor health; and transform London's health and care buildings and land. In the face of significant funding pressures in local government, and increasing demographic challenges, we are coming together to find new ways of working that make best use of our resources.

What are our areas of focus?

We recognise that no single organisation can achieve this alone, and that shared action makes us greater than the sum of our parts. We have identified 10 areas of focus where we believe partnership action is needed at a pan-London level.

 Reduce childhood obesity	 Improve the emotional wellbeing of children and young Londoners
 Improve mental health and progress towards zero suicides	 Improve air quality
 Improve tobacco control and reduce smoking	 Reduce the prevalence and impact of violence
 Improve the health of homeless people	 Improve services and prevention for HIV and other STIs
 Support Londoners with dementia to live well	 Improve care and support at the end of life

What happens next?

- We are publishing the vision now as an important invitation to you. We want to continue to talk to you and all our partners about how we collectively take forward its ambitions and objectives.
- We want you to tell us how we can refine, develop and strengthen our proposals, and we need you to help us deliver action on the ground in communities. Together we can work towards ensuring a healthy future for all Londoners.
- We invite your specific reflections and comments on any aspect of the Vision, which can be sent to us at the following email address: england.healthy london@nhs.net