

Digital Health Ambassadors Programme

Supported by and delivering for:









Overview

We are looking to **recruit, empower** and **support** a group of young Londoners aged 14-24 to ensure that young people are at the heart of **shaping** and **promoting** digital health and wellbeing services for their age group.

1.
They get to **shape** digital products and initiatives such as the **NHS Go** app and the **Good Thinking** Tool Kit.

Training and supporting them to design campaigns and online content using media that other young people will take notice of.

3.
Create a network of young Londoners that actively promote digital health and wellbeing initiatives.

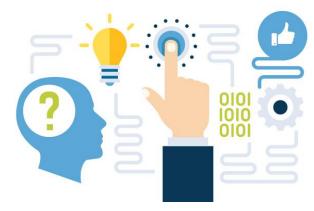
Workshops



Launch Event + App design



Social media & Campaigning



Understanding the User experience



Content creation

Focus Groups

What issues most affect young people today?

Attachment disorder

Schizophrenia
Identity crisis
Bullying
OW Self esteem

Eating disorder PTSD

Depression

Body image OCD

Stress Phobias

Bipolar Knife crime Anxiety

Personality disorders Self-image Panic attacks

What do you like about Good Thinking site?

What could be improved about the Good Thinking site?

What apps/sites do you use the most?

Engagement

68 young people.

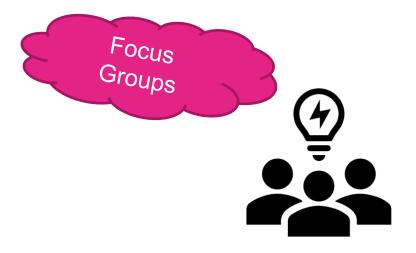
Diverse groups of young people.

"I enjoyed the session and loved the energy of everyone there, and I would be enthusiastic to attend any future sessions. I will also take a look at Canva and the NHS-go app, later today (both look incredibly useful)."

— Young Person

Future





Get in touch

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Our Website

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