



Post Falls Management Guidance for Care Homes

Resident has a fall – staff member to stay with resident and seek assistance/use emergency buzzer to contact Person in Charge immediately.

Green – Non-injury

- Conscious and responding as usual
- No apparent injury
- No head injury
- No complaints of pain/discomfort verbal/non-verbal
- No change to usual mobility or movement
- No signs of bruising/wounds
- No signs of limb deformity/shortening/rotation

Advice for care staff

- Assist off the floor to a comfortable place (use appropriate equipment and /or additional member of staff if necessary)
- Commence monitoring NEWS and start post fall observation record. Observe resident for a minimum of 24 hours for pain or any changes in condition/NEWS score
- GP review on routine visit

Amber -minor injury

- New minor injury
- Slight skin wounds
- Slight discomfort
- No change to usual mobility or movement
- Isolated injury to upper limb
- Slight swelling
- Any other concerns of care home staff

Advice for care staff

- Administer first aid as required
- Assist off the floor to a comfortable place (use appropriate equipment and /or additional member of staff if necessary)
- Commence monitoring NEWS and start post fall observation record. Observe resident for a minimum of 24 hours for pain or any changes in condition/NEWS score
- Contact GP if in surgery hours or 111*6 if out of hours for assessment/further advice

Red – Major Injury

- Loss of consciousness
- Reduced levels of consciousness
- Airway/breathing problems
- Severe and/or uncontrolled breathing
- New onset of chest pain
- New limb deformity
- New neck and/or back pain
- New extensive swelling to a limb
- New extensive bruising
- New immobility and/or new numbness/weakness to a limb
- New dizziness or vomiting
- Any fall from above 2 meters
- FAST test positive

Advice for care staff

- Do not move resident
- Call 999
- Administer first aid as required
- Continue to monitor and record whilst waiting for ambulance

If there are any changes in the resident's condition causing concern, contact GP if in surgery hours or 111*6 if out of hours for assessment/further advice. Call 999 for red alert



If a resident needs an x-ray, could the GP make a referral for one and resident have Patient Transport booked to take them?