Commissioning and delivery toolkit for cancer as a long term condition

June 2018
Foreword
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**Purpose:** This toolkit aims to provide STP cancer leads a mechanism to develop a business case to support cancer patients as part of long term conditions. We know that people experience effects of treatment years after receiving it. It is for these reasons that for a large proportion of people who get cancer, it will become a long term condition that needs managing.

**Objective:** The objective of the 4 point model is to enable STPs, CCGs and front line primary care staff to support patients with a diagnosis of cancer to self-manage. A holistic CCR at the end of primary treatment will compliment CCRs conducted as part of QOF at the point of diagnosis. Both **CCRs should be holistic, covering psycho-social needs, physical needs, needs of carers and support patients towards self-management.**

**Outcome:** Cancer Care Reviews are co-produced between the primary care clinician (GP, practice nurse or allied health professional) and the patient and offered at the end of active treatment as well as at the point of diagnosis.

**Output:** STPs and CCGs could develop local initiatives such as the Year of Care model or integrated care frameworks as outline in the Five Year Forward View to include people affected by cancer, particularly for those with cancer and multi-morbidities or social factors and NICE Guidance (NG56)
The Transforming Cancer Service Team for London (TCST) developed a model for cancer as a long term condition which was endorsed in 2015 by:
- London Cancer Clinical Leads Advisory Group
- London Cancer Commissioning Board
- Londonwide Local Medical Committee

The TCST is part of the Healthy London Partnership and this work stream has been designed with NHS England’s (London) Primary Care Transformation strategy in mind.

In February 2015, a Task & Finish (T&F) Group was established with a membership of patients, primary and secondary health care professionals from the pan London Living with and Beyond Cancer Board to take cancer as a long term condition work stream forward.

The work stream was project managed by the TCST.

https://www.myhealth.london.nhs.uk/system/files/Cancer%20Care%20Review.pdf
Cancer as a Long Term Condition
Cancer as a long term condition

- In the UK, **cancer remains** the leading cause of mortality ([NHSE](https://www.nhse.org.uk)).
- **1 in 2 people** born after 1960 **will get cancer sometime** in their lifetime ([Cancer Research UK](https://www.cancerresearchuk.org/)).
- In 2015, **209,500 people in London are living with or beyond cancer** (diagnosed any time since 1995, [PHE](https://www.gov.uk/government/organisations/public-health-england)).
- In London and West Essex, its expected around **387,000 people living with and beyond cancer by 2030** (this estimate is based on 2010 prevalence, [NCIN](https://www.gov.uk/government/organisations/national-cancer-information-network)).
- Half (50%) of **people diagnosed with cancer** in England and Wales **survive their disease for ten years or more** ([CRUK](https://www.cancerresearchuk.org/)).
- Five-year relative survival for cancer is below the European average in England, Wales and Scotland ([CRUK](https://www.cancerresearchuk.org/)).
- **70% of people who have cancer, have at least one other long term condition** ([Macmillan](https://www.macmillan.org.uk/)).
- **25% of individuals had unmet physical and psychological needs** at end of treatment ([TCST](https://www.tcsv.org.uk/)).
- **47% of cancer survivors express a fear of their cancer returning** ([TCST](https://www.tcsv.org.uk/)).
- 15 months after diagnosis, cancer patients have 60% more A&E attendances, 97% more emergency admissions and 50% more contact with their GPs than a comparable group ([NuffieldTrust](https://www.nuffieldtrust.org.uk/)).
- The 2016 National Cancer Experience Survey showed that London based CCGs fall considerably short of the best in England (and lag behind England’s average) on questions relating to the support patients received from their GP ([NCPES](https://www.gov.uk/government/organisations/national-cancer-patient-experience-survey)).
National policy drivers for cancer as an LTC

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NG56 – Guidelines on multi-morbidity

In 2016, NICE produced new guidelines for the management of patients with multi-morbidity.

Focus on:
- reducing treatment burden
- Reducing unplanned care
- Increase quality of life
- Shared decision making
- Important for patients undergoing cancer treatment or living with the consequences and other LTCs.
National Cancer Experience Survey 2016

84% of patients in London were given clear written information about what they should or should not do after discharge.

Only 56% of families or someone close to the patient were given all the information they needed to help care for the patient at home.

93% of patients across London were told who to contact if worried post discharge.
NCPES tells us that there is a difference between patient satisfaction of their stay in hospital compared to that of the support provided by primary and community care. Patient satisfaction with support following discharge is even worse. **London continues to fall below the national average**

NCPES 2016 results should only be compared with the results of the 2015 survey, due to major changes to the questions and scoring to the previous surveys.

**Q50 Patient definitely given enough support from health or social services during treatment**

**Q51 Patient definitely given enough support from health or social services after treatment**

Source: National Cancer Patient Experience Survey
QOF CAN003: Patient Review within 6 months of diagnosis

2016/17 - The percentage of patients with cancer, diagnosed within the preceding 15 months, who have a patient review recorded as occurring within 6 months of the date of diagnosis (with exclusions).
TCST 4-Point model for holistic Cancer Care Reviews
The TCST asked a group of GPs from across London how they conduct CCRs:

- 82% of GPs said that they conduct cancer care reviews in practice.
- 74% use the QOF CCR template
- 14% use the Macmillan CCR template
- 12% didn’t know what template they used
- 53% conducted review face to face with the patient
- 41% had a mixture of face to face and telephone consultations
- 6% conducted the cancer care reviews without the patient
- 60% of the respondents said they receive a Treatment Summary from secondary care. 24% didn’t and 16% of the GPs didn’t know if they received the summary
- 33% felt their consultations catered to their holistic needs
- 37% were not holistic in their nature and 30% were not sure
- CCR appointment lengths varied greatly from 2 – 40 minutes with an average of 10-20 minutes depending on the complexity of the cases

* 55 responses with a large majorly from GPs (48 GPs, 1 GP Registrar and 1 Clinical Director). Other responses were from primary care nurses (n=4) and Allied Health Professionals (n=1).
A further handful of GPs (15) were opportunistically asked about how they currently conduct CCRs, their understanding of the Review, its purpose and how CCRs can be improved.

- The majority of the feedback outlined that the CCRs are conducted with a GP, face to face or via the telephone. Length of appointment times varied, from a five minute telephone call to twenty minute face to face in the surgery.

- Free text questions around the purpose of the cancer care reviews showed that a large majority of the respondents (regardless if they conducted the CCRs) understood that the reviews were to highlight the needs of patients diagnosed with cancer. Interestingly as only 33% felt that their consultations were holistic, this leaves an assumption that the “needs” of the patients were more medical in nature.

- Crucially, the survey outlined a need for a standardised and structured template that is not too prescriptive and can be used at a multidisciplinary level.

* https://www.myhealth.london.nhs.uk/system/files/Cancer%20Care%20Review.pdf
The aim of the 4 point model is to support people with a diagnosis of cancer to self-manage whilst they have cancer and in the longer term. For some people, they may live with terminal cancer (or they may be in remission) for many years or decades.

Trigger points for the London holistic CCR model are:

- At notification from hospital confirming a new diagnosis (via 2ww, routine outpatient, screening, A&E, other primary care routes, previous diagnosis/recurrence).
- Newly registered patients with cancer diagnosis in last 5 years.
- On receipt of Treatment Summary and/or transfer of care/discharge to community or primary care teams.
4 – Point model

Primary care

Point 1: Patient added to register at diagnosis

Point 2: Letter / phone call to patient regarding cancer diagnosis and offer of CCR

Current CCR / QOF

3 – 6 months from diagnosis

Diagnosis

Treatment

HNA Referral / signposting to holistic services

Treatment summary

Recovery / Survivorship

Recurrent

Treatment

End of Life / Palliative

Point 3: Proposed CCR at end of active treatment

Referral / signposting to holistic services

Point 4: Cancer to be reviewed at annual LTC Review or other LTC management INGSAI

Secondary Care

Health & Wellbeing events (referral / signposting to holistic services)

Recovery Package from point of diagnosis

KEY

Elements of the 4 Point model

Point: 1  Point: 2  Point: 3  Point: 4

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Point 1: Patient added to cancer register (QOF CAN001)

• The purpose of a register in QOF is to define a cohort of patients with a particular condition or risk factor. In some cases, this register then informs other indicators in that disease area.

• QOF registers must not be used as the sole input for the purposes of individual patient care and clinical audit i.e. call and recall of patients for check-ups, treatments etc. There are patients for whom a particular treatment or activity is clinically appropriate but they may not meet the criteria as defined by the QOF register and therefore would not be picked up by a search based solely on the QOF register. As such, although QOF registers can be used to supplement clinical audit, they should be supported by appropriate clinical judgement to define which patients should be reviewed, invited for consultation to ensure patients do not miss out on appropriate and sometimes critical care*.

Point 2: 1st intervention: First contact after diagnosis (QOF CAN003)

• Telephone call and/or letter to patient regarding recent diagnosis with invitation for the patient to attend the practice for a chat regarding their diagnosis. This could be completed by GP or practice nurse within six months of diagnosis (i.e. QOF CCR).

• Template letter for primary care is sent to patients who have just received a cancer diagnosis (templates are available from the TCST). The letter is to be tailored with the GP name, oncologist name, name of their key worker (if known), treating hospital; the type of cancer diagnosed and includes an outline of the recovery package that they should be receiving along with the Macmillan Top Ten Tips*.

• Information for patient on what to expect as part of a Recovery Package with a prompt to request a key worker and HNA from secondary care if not provided by the time of CCR consultation. Pan London HNA to be included for patient and family/carer for reflection and reviewed at subsequent CCR. Signposting to local support groups should also be included.

Point 3: 2nd intervention: Holistic cancer care review at the end of primary treatment as standard (local incentive scheme, sample available from TCST)

- Appointment triggered by a date entered into the Cancer Register and/or receipt of Treatment Summary / transfer to primary care.
- Extended consultation conducted by GP or primary care nurse depending on complexity of patients’ needs (e.g. double or triple appointments may be required).
- Use of a clinical template for holistic CCR that captures whether the patient had an HNA in secondary care and their information needs (template available from the TCST). Using Treatment Summaries or discharge letters, discuss consequence of treatment (including late effects) and further advice on physical activity, healthy lifestyles, signs and symptoms to be aware of regarding recurrence carer’s needs.
- Healthcare professional to use available screening tools to conduct a psychological assessment.
- Collection of minimum data for audit
- Professionals to undertake appropriate training modules in living with and beyond cancer. A bespoke prospectus of training modules will be available from the TCST.
- Patient and professional experience survey
- Primary care MDT meeting to discuss patients on register outlining care planning actions and review any Significant Event Audits (SEAs) related to recurrence or subsequent primary cancer diagnosed via emergency routes. TCST Primary Care Checklist is available for local use.*

* [https://www.healthylondon.org/sites/default/files/Primary%20Care%20Cancer%20Checklist%20-%20ED%20-%20LWBC_final_0.pdf](https://www.healthylondon.org/sites/default/files/Primary%20Care%20Cancer%20Checklist%20-%20ED%20-%20LWBC_final_0.pdf)
Point 4: 3rd intervention: Cancer incorporated and reviewed at an annual LTC Review (QOF generic, long term conditions local incentive scheme, NICE Guidance for Multimorbidity (NG56))

- Annual review may be for a period of time, for example up to five years, or it may be indefinite. It may also only apply to groups patients who have specific needs e.g. multi-morbidities, social risk factors, part of a local integrated care framework.

- The LTC review should include a conversation regarding the person’s psycho-social and physical needs re cancer (e.g. preventing recurrence and detecting and/or managing any consequences of treatment), healthy lifestyle advice, as well as any other long term conditions and/or social risk factors that the person may have. Needs of carers should also be taken into account.
Recommendation from pan London Mental Health and Cancer Task & Finish Group, 2017

The following recommendations were received from the Mental Health Task and Finish Group:

“We fully support the practice of holistic wellbeing review in primary care, for people LWBC.

We see the CCRs as a very important conversation, with the potential to achieve multiple objectives: to proactively identify and address issues and needs, strengthen the relationship with primary care providers and guide a patient towards self-management in LWBC. A good conversation, where the patient feels listened to and skilfully guided to use their motivation and experience to self-manage, is the foundation of positive psychological recovery and wellbeing.

To balance thoroughness with patient-centeredness, we would strongly recommend that a CCR start from the patient’s perspective. It may be useful for the professional to state that there are some things they will need to talk about, but main interest is the patient’s concerns, using questions, such as:

• ‘What’s the most important thing to talk about today, to help you with your recovery?’
• ‘What are your top three issues?’
• ‘What are your priorities for your wellbeing at the moment?’

Listening to, exploring and problem-solving these will help re-balance the conversation to the patient’s agenda foremost, and convey a clear message that recovery is patient-led. Of course, additional domains on the CCR (e.g. medication review) can also be pursued subsequently where needed.”
Options appraisal

A full options appraisal available in the TCST’s Business Care for Holistic Cancer Care Reviews.

Options are viable in areas where financial incentives are not available. Payments would be made through QOF and quality assured via Read code/SNOMED audits by the CCG. It would:

- Ensure a standardised approach and reduce variation in the quality of CCRs
- Ensure contact made by primary care with patient is initiated at the most appropriate point, for example once a diagnosis has been confirmed.

Options for full implementation of a holistic CCR at the end of active treatment where funding for an incentive scheme is available would:

- Define cancer as a long term condition within integrated care frameworks (as per NICE Guidance 56)
- Commissions primary care to deliver high quality and holistic Cancer Care Reviews at the time when patients have said they need them most
- Could be achieved as part of a Network / Federation model (under a Networked or Federated schemes)

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# Cost analysis

<table>
<thead>
<tr>
<th>Funding source</th>
<th>Description</th>
<th>Cost per patient*</th>
</tr>
</thead>
<tbody>
<tr>
<td>QOF payment</td>
<td>The total value of CAN QOF points for 2016/17 was £165.18. Maximum 11 points for CAN001 and CAN003</td>
<td>£165.18</td>
</tr>
<tr>
<td>Holistic CCR after active treatment</td>
<td>Appointment or ‘new patient’ appointment (10-15 mins) with primary care nurse</td>
<td>*£33.00</td>
</tr>
<tr>
<td>local incentive scheme</td>
<td>Appointment or ‘new patient’ appointment (10-15 mins) with GP</td>
<td>*£45.00</td>
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</tbody>
</table>

*costs for primary care are shown for illustration purposes; subject to change depending on local negotiations. Costs based on advice from Surrey and Sussex LMC, the cost for the appointment excludes phlebotomy as a result of suspected reoccurrence which can be claimed under a phlebotomy LCS.

**costs outlined above include any associated admin costs and outlined as costs per patient per year.

### Projected costs for implementing the 4-Point model by STP

Cost of a holistic CCR appointment (after active treatment) in Primary care at £45* per appointment

<table>
<thead>
<tr>
<th>CCG</th>
<th>1-2 yrs prevalence (number of patients)**</th>
<th>5-10 yrs prevalence (number of patients)**</th>
<th>Total cost 1-2 yr</th>
<th>Total cost 5-10 yrs</th>
</tr>
</thead>
<tbody>
<tr>
<td>NCL STP: Islington, Camden, Haringey, Enfield, Barnet</td>
<td>3031</td>
<td>7785</td>
<td>£136,395</td>
<td>£350,325</td>
</tr>
<tr>
<td>NEL STP: Waltham Forest, Tower Hamlets, Newham, City &amp; Hackney</td>
<td>1725</td>
<td>4122</td>
<td>£77,625</td>
<td>£185,490</td>
</tr>
<tr>
<td>BHR STP: Barking, Havering, Dagenham and Redbridge</td>
<td>1613</td>
<td>4266</td>
<td>£72,585</td>
<td>£191,970</td>
</tr>
<tr>
<td>SEL STP: Greenwich, Lewisham, Lambeth, Southwark, Bromley, Bexley</td>
<td>3975</td>
<td>9856</td>
<td>£178,875</td>
<td>£443,520</td>
</tr>
<tr>
<td>SWL STP: Croydon, Merton, Sutton, Richmond, Kingston, Wandsworth, Sutton</td>
<td>3343</td>
<td>9616</td>
<td>£150,435</td>
<td>£432,720</td>
</tr>
<tr>
<td>NWL STP: Central London, West London, Brent, Harrow, Hillingdon, Hammersmith &amp; Fulham, Hounslow, Ealing</td>
<td>4589</td>
<td>11254</td>
<td>£206,505</td>
<td>£506,430</td>
</tr>
<tr>
<td>West Essex (part of Essex STP)</td>
<td>966</td>
<td>1598</td>
<td>£43,470</td>
<td>£102,870</td>
</tr>
<tr>
<td><strong>Total</strong></td>
<td><strong>19242</strong></td>
<td><strong>49185</strong></td>
<td><strong>£865,890</strong></td>
<td><strong>£2,213,325</strong></td>
</tr>
</tbody>
</table>

*costs for primary care are shown for illustration purposes; these may change depending on local negotiations.

**Source: Data extracted from Cancer Analysis System (CAS), March 2017. Produced in partnership by Transforming Cancer Services Team (TCST) London and the National Cancer Analysis and Registration Service (NCRAS)
# Evaluation framework

<table>
<thead>
<tr>
<th>Evaluation Objective</th>
<th>Measure</th>
<th>Measurement Tools / data collection</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Patient Experience</strong></td>
<td>To assess patient experiences of CCR and assess any quality improvements made by the primary care interventions (offer of support throughout treatment, offer of support to families and carers or signposting to relevant support services). NCPES question: “Patient that reported that their GP and nurses at their general practice supported them through treatment”</td>
<td>Patient survey after CCR appointment (collected either end of QOF CCR) or at on completion of the Holistic CCR at the end of active treatment. Key NCPES related to support from primary care</td>
</tr>
<tr>
<td><strong>Clinical Quality and Safety</strong></td>
<td>Patients added to cancer register (QOF) Number of patients offered CCR at end of active treatment. Significant Event Analysis Safety netting</td>
<td>Cancer Register to capture all patients that received a cancer diagnosis. Read Code audit Any SEAs recorded CCG benchmarking against national cancer registry data CAN001</td>
</tr>
</tbody>
</table>

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## Evaluation Framework

<table>
<thead>
<tr>
<th>Evaluation Objective</th>
<th>Measure</th>
<th>Measurement Tools / data collection</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Clinician Experience</strong></td>
<td>To test the tools developed for the project that promote holistic follow up of patients. To assess if the education needs of GPs and Practice nurses are addressed through the CCG educational resources/sessions and online resources. To test viability of primary care nurses to carry out holistic reviews as part of long term conditions management. To assess clinicians’ experience of the pathway and identify any further development or education needs. Baseline of CCR</td>
<td>Measured through clinician survey. Assessed through the clinician survey, semi structured interviews, training needs assessments and feedback from practice visits.</td>
</tr>
<tr>
<td><strong>Activity, Finance and Transferability</strong></td>
<td>Number of patients that received a CCR at point of diagnosis. Number of patients that received a holistic CCR at end of active treatment. Increase National Cancer Experience Survey (NCPES) scores relating to support from primary care.</td>
<td>Measured by the data coming back from the practices via the LCS reporting templates and or QOF data.</td>
</tr>
</tbody>
</table>
03
Overview of CCRs by London STPs

Transforming London’s health and care together

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**North West London STP**

**STP overview:** All NWL practices participate in QOF CAN001 and CAN003. Discussions in place to implement the 4-Point Model

**Critical factors:** Holistic CCRs not included in STP plan. Further role out of 4-Point model pending STP funding. TCST Business case utilized by STP.

**Opportunities:** A bespoke London S1 template based on 4-Point model template developed by NWL to enable delivery. Quality improvement project incorporating Points 1 and 2 and the aligning Point 4 to integrated care.

No LCS across STP
Macmillan and QOF templates used for QOF
Bespoke S1 template in development

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**North Central London STP**

**STP overview:** All NCL practices participate in QOF CAN001 and CAN003. London Cancer Template being piloted across NCL and NEL practices.

**Critical factors:** Holistic CCRs not included in STP plan

**Opportunities:** Quality improvement project incorporating Points 1 and 2 and the aligning NWL primary care SFU pathway to Point 4.

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No LCS. Macmillan and QOF templates used for QOF

No LCS. Macmillan and QOF templates used for QOF

Islington Long Term Conditions LCS in place. Holistic CCRs and Annual Review for cancer patients add. Practices paid £60 per patient on completion of care plan

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**North East London STP**

**STP overview:** All practices, excluding those in Tower Hamlets, participate in QOF CAN001 and CAN003. Discussions in place to implement the 4-Point Model.  
**Critical factors:** Holistic CCRs not included in STP plan  
**Opportunities:** Quality improvement project incorporating Points 1 and 2 and the aligning Point 4 to integrated care.

- **Waltham Forest:** No LCS. Macmillan template used for QOF
- **City & Hackney** “Time to talk”: extended practice consultation in place. Practices paid £35. Evaluation via patient survey
- **Newham:** 4-Point model for holistic CCRs expected in CCG’s 2018/2019 delivery plan
- **Local Commissioned Service:** - CCR enhancement mirroring QOF timelines Practices paid £40 Evaluation of training in place

**Linked local strategies**

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STP overview: All SEL practices participate in QOF CAN001 and CAN003.

Critical factors: Holistic CCRs not included in STP plan

Opportunities: Quality improvement project incorporating Points 1 and 2 and the aligning Point 4 to integrated care. Discussion in place for inclusion of 18/19 work plans for OSEL CCGs
**South West London STP**

**STP overview:** All SWL practices participate in QOF CAN001 and CAN003. Discussions in place to implement the 4-Point Model.

**Critical factors:** Holistic CCRs are included in STP plan. Further role out of 4-Point model pending funding arrangements. TCST Business case/Spec utilized by STP.

**Opportunities:** Quality improvement project incorporating Points 1 and 2 and the aligning SWL’s primary care SFU pathway to Point 4.
STP overview: All West Essex practices participate in QOF CAN001 and CAN003. Discussions in place to implement the 4-Point Model.

Critical factors: Holistic CCRs are included in CCG plan. TCST Business case/Spec utilized by STP.

Opportunities: A bespoke London S1 template based on 4-Point model template developed by NWL to enable delivery. Quality improvement project incorporating Points 1 and 2 and the aligning Point 4 to integrated care.

No LCS. Macmillan template used for QOF. Pan London S1 enhanced CCR template in development to support CCRs at the end of active treatment.

Linked local strategies

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04

Resources:

- Sample patient letters
- Local incentive schemes
- Holistic templates
- CCR templates
- Educational resources
Section 4: Resources for implementation

Evaluation tool:
- Patient surveys
- Clinician surveys
- Read coded datasets
- Safety netting

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Links to Resources

• Cancer as a long term conditions case for change: [https://www.healthylondon.org/resource/cancer-long-term-condition/](https://www.healthylondon.org/resource/cancer-long-term-condition/)


• Treatment summaries: [https://www.healthylondon.org/resource/treatment-summaries-cancer-patients/](https://www.healthylondon.org/resource/treatment-summaries-cancer-patients/)

• Primary Care Cancer Checklist: [https://www.healthylondon.org/resource/primary-care-cancer-checklist/](https://www.healthylondon.org/resource/primary-care-cancer-checklist/)
Several CCGs across London have developed local CCR templates. The following appendices include screenshots of templates in use. Where templates are not included below, the national QOF template and Macmillan template are being used.

Templates:
- TCST Pan London S1 template
- Islington
- Tower Hamlets
- City & Hackney
- Lewisham
- Wandsworth
- Greenwich
- London Cancer
- Macmillan
- Nottingham CCG (proposed national CCR template for S1)
This content has been produced by the Transforming Cancer Services Team in consultation with primary care, Macmillan and patients (2015) to support practices in offering a holistic cancer care review particularly around the end of primary treatment

- Discussion and advice on any physical, practical, emotional, spiritual, social or lifestyle concerns raised in the assessment
- Signposting to either local or national support groups
- Information about Health and Wellbeing Clinics, education events or self management courses as available in the local area
- Referral to allied healthcare professionals for support if required
- Advice related to lifestyle e.g. stop smoking services
- Information or referral to an appropriate physical activity programme
- Information or referral for advice on diet and nutrition
- Referral for counselling or psychological support
- Support related to work and finance concerns
- Support for spiritual needs
Cancer care review
Cancer care review
Holistic needs assessment - Has this been received? tick if yes
Holistic needs assessment Notes

Is anyone present with the patient? If yes select

Cancer diagnoses discussed
Check patients understanding of diagnosis and progress. Any concerns? Patients understanding of curative/palliative intent?
Cancer diagnosis discussed
Diagnosis

Medication review done
Medication review done
Date of Medication review done
Patient understands why taking all medication

Carer’s details noted
Carer’s details
Carer - mobile telephone number
Carer - home telephone number

Date of Cancer care review
Cancer diagnosis discussed Notes:
Medication review notes

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**Treatment** - Please ensure key treatments are read coded as active major problems.

Whereabouts are you in your treatment?
Any concerns with regard to your treatment?
Any side effects/consequences from treatment (including long term consequences)?

**Oncology treatment Notes**

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**Cancer therapy**

Has the patient received chemo &/or radiotherapy

Has the treatment summary been received? tick if yes
## Treatment consequences / side effects - Physical

<table>
<thead>
<tr>
<th>Symptom</th>
<th>Notes</th>
</tr>
</thead>
<tbody>
<tr>
<td>Fatigue</td>
<td>General appraisal of weight</td>
</tr>
<tr>
<td>Peripheral neuropathic pain</td>
<td>Changes in weight</td>
</tr>
<tr>
<td>Shortness of breath</td>
<td>Symptom Assessment Scale - difficulty sleeping score</td>
</tr>
<tr>
<td>C/O - cough</td>
<td>Lymphoedema</td>
</tr>
<tr>
<td>Pain, generalised</td>
<td>Urinary incontinence</td>
</tr>
<tr>
<td>Altered appetite</td>
<td>Incontinence of faeces</td>
</tr>
<tr>
<td>Drug related symptoms present</td>
<td>Problem causes sexual dysfunction</td>
</tr>
</tbody>
</table>

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### Psychological Impact

- Depression screening
- Anxiety screening
- Referral to counsellor
## Physical Parameters

<table>
<thead>
<tr>
<th>Parameter</th>
<th>Value</th>
</tr>
</thead>
<tbody>
<tr>
<td>O/E - Systolic BP reading</td>
<td>______ mmHg</td>
</tr>
<tr>
<td>O/E - Diastolic BP reading</td>
<td>______ mmHg</td>
</tr>
<tr>
<td>O/E - height</td>
<td>______ m</td>
</tr>
<tr>
<td>O/E - weight</td>
<td>______ Kg</td>
</tr>
<tr>
<td>BMI</td>
<td>______ Kg/m²</td>
</tr>
</tbody>
</table>

Date of Body mass index - observation

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## Health and Wellbeing

Lifestyle advice given
Lifestyle advice regarding exercise given
Lifestyle advice regarding diet given
Exercise on prescription
Alcohol units per week
Patient advised about alcohol
Smoking Status?

## WHO Performance status

**Grade explanation of activity**

0 = Fully active, able to carry on all pre-disease performance without restriction
1 = Restricted in physically strenuous activity but ambulatory and able to carry out work of a light or sedentary nature, e.g., light house work, office work
2 = Ambulatory and capable of all selfcare but unable to carry out any work activities. Up and about more than 50% of waking hours

WHO Performance status
### Social

- Benefits counselling
- DS1500 Disability living allowance report discussed
- Fitness for work
- Advice relating to information and organisations
- Referral to Social Services
**Care Plan**

Summary of Actions from care plan - please add as many as required (max 6)

<table>
<thead>
<tr>
<th>Action</th>
<th>Notes</th>
</tr>
</thead>
<tbody>
<tr>
<td>Action 1</td>
<td>Action 1 Notes</td>
</tr>
<tr>
<td>Action 2</td>
<td>Action 2 Notes</td>
</tr>
<tr>
<td>Action 3</td>
<td>Action 3 Notes</td>
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<tr>
<td>Action 4</td>
<td>Action 4 Notes</td>
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<tr>
<td>Action 5</td>
<td>Action 5 Notes</td>
</tr>
<tr>
<td>Action 6</td>
<td>Action 6 Notes</td>
</tr>
</tbody>
</table>

Cancer care plan discussed with patient

Cancer care plan given (Please print consultation for patient)

Cancer Care Plan Notes
### Cancer Template

*Signifies QOF indicators for this domain*

#### NHS Islington Clinical Commissioning Group

**Review**

**QOF Target** - Patients with cancer diagnosed within preceding 15mths who have a review recorded as occurring within 6mths of the date of the diagnosis.

- [ ] Cancer care review
- [ ] Discharged from hospital
- [ ] Cancer diagnosis discussed
- [ ] On Palliative treatment

#### Care and Support

**Who provides care?**

- [ ] Carer's details

**Carer's Contact Details**

Consider doing an assessment of carer's needs.

#### Additional

**QOF Target** - Medication review every 15mths for patients prescribed repeat medication. Please use medication module to code this.

- [ ] Benefits counselling
- [ ] DS 1500 Completed

#### Islington

**Cancer LES**

Payment Indicator: Extended session of up to 30 minutes per patient on QOF Cancer register.

Consider using the London Holistic Needs Assessment Guideline to guide the consultation - click hyperlink below. Scroll down to the Holistic needs assessment section to access either paper based or electronic version.

**Extended consultation**

[London Holistic Needs Assessment Guideline](#)
<table>
<thead>
<tr>
<th><strong>Smoking</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Smoking Status</strong></td>
</tr>
<tr>
<td><strong>User of electronic cigarette</strong></td>
</tr>
<tr>
<td><strong>Chews tobacco</strong></td>
</tr>
<tr>
<td><strong>Stopped smoking</strong></td>
</tr>
<tr>
<td><strong>Cessation Readiness</strong></td>
</tr>
</tbody>
</table>

QOF Indicator: Smokers need either 'Offer of support' or 'Pharmacological Treatment' or a Prescription of Nicotine, Varenicline or Bupropion in the previous 24 mths.

<table>
<thead>
<tr>
<th><strong>Diet and Exercise</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Patient advised re diet</strong></td>
</tr>
<tr>
<td><strong>Brief intervention for physical activity completed</strong></td>
</tr>
</tbody>
</table>

**NH EPICS only:**

| **Patient advised re exercise** | |  |
| **Referral for Exercise** | |  |

<table>
<thead>
<tr>
<th><strong>Obesity Monitoring</strong></th>
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</thead>
<tbody>
<tr>
<td><strong>O/E - weight</strong></td>
</tr>
<tr>
<td><strong>O/E - height</strong></td>
</tr>
<tr>
<td><strong>Body Mass Index</strong></td>
</tr>
<tr>
<td><strong>Waist circumference</strong></td>
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<tr>
<td>22-Feb-2016</td>
</tr>
</tbody>
</table>

**Advice given about weight management**

**Referral for Weight Management** | |  |
Alcohol Screening

Alcohol consumption

Audit C Questions

Q1. How often do you have a drink containing alcohol?
   Never 0
   Monthly or less 1
   2 - 4 times a month 2
   2 - 3 times a week 3
   4+ times a week 4

Q2. How many units of alcohol do you drink on a typical day when you are drinking?
   1 - 2 0
   3 - 4 1
   5 - 6 2
   7 - 9 3
   10+ 4

Q3. How often have you had 6 or more units if female, or 8 or more if male, on a single occasion in the last year?
   Never 0
   Less than monthly 1
   Monthly 2
   Weekly 3
   Daily or almost daily 4

**AUDIT C Score**

5+ indicates increasing or high risk drinking. Total score of 5 or above is AUDIT C positive. If Audit C positive you should complete the Full AUDIT.

AUDIT

Payment Indicator: Full AUDIT for appropriate patients.

Alcohol risk status

Do a brief intervention if AUDIT score is 8 or above.

- Brief Intervention
- Alcohol leaflet given

NH EPCS only:

- Alcohol advice given
Further Intervention for Alcohol

Patients scoring 8+ on AUDIT C (high risk) or 16+ on full AUDIT - consider referral to an alcohol specialist service.
TH: THCAT or Lifeline Young Person’s service for under 24 year olds.

- Referral to specialist alcohol treatment service
- Under care of community alcohol team

Useful Agencies:
A.A. 020 7833 0022 (daily 10am to 10pm)
Al. Anon Family Groups 020 7403 0888

Click for link to alcohol learning centre
Click for link to Drinkaware
Cancer review

Cancer Care Review should form part of any LTC holistic patient review as there often long term consequences and unmet needs relating to their cancer and the treatments that were given.

QOF: All patients newly diagnosed with cancer need to have a review recorded within 6 months of diagnosis.

- Has the patient received chemo/radiotherapy or both?
- Palliative treatment

If the patient is palliative please go to the end of Life page of the 'Integrated Care and AUA Tower Hamlets CEG' template.

As part of the cancer care review, please consider the following:

- **Treatment physical consequences/side effects (can be long term)** such as lymphoedema, fatigue, incontinence, erectile dysfunction, pain, shortness of breath, etc. Referral options below including specialist oncology physio.

- **Psychological impact**: Consider depression/anxiety screen tool. Consider onward referral for support through Compass or Macmillan social prescribing service depending on severity of symptoms. Referral options below.

- **Health and wellbeing**: Use Lifestyle intervention page. Some treatments increase risk of CVD. Physical activity helps manage side effects e.g. fatigue. Consider referral for physical intervention, smoking cessation and weight loss.

- Are they a carer? or do they have a carer? Go to main page of this template to record details.

- Do they need benefits or financial support? See links.

- Prescription payment exemption? Those receiving treatment for cancer, the effects of cancer or the effects of current or previous current treatment are eligible

**Cancer referrals and Resources**

- Macmillan information for patients
- Lymphoedema service at Mile End website
- Lymphoedema service at Mile End referral form

Macmillan Social Prescribing Service - Psychosocial support/lifestyle advice for patients who have, or have had, cancer.

Tower Hamlets service. Open to all patients over 18 with any cancer type at any point after diagnosis. Service offers 1-2-1 emotional and practical support and access to health and wellbeing programmes, debt and benefits advice, work and volunteering advice and learning and social opportunities.

Refer by calling 020 7809 5376 or referral form. Patients can self-refer by phone.

- Link to Macmillan further social prescribing info and referral form
- Link to Barts psycho-oncology service
- Tower Hamlets CCG Cancer Resources
- London cancer directory of services

Psychological/ Anxiety support: Consider referral to Compass if patients have difficulty in adjusting to life with cancer or if experiencing health anxieties since their diagnosis
Please refer to Cancer in Wandsworth Federation website for further support and information on local services available, referral guidance and information.

BHC onc in Wandsworth

Please note the website above does not work in Internet Explorer 9 or older. Recommend you use Chrome.

Initial Patient Consultation 20 min
- High risk patient not suitable for Full Service PACT
- PACT Contract Intervention declined
- Informing patient of named accountable general practitioner
- Medical records review
- Initial Patient Consultation
- Admission avoidance care plan declined
- * Last, Organise, Coordinate Patient Card
- Send SPN referral

Referral to a dedicated Social Worker/Social Care Officer via Access Officer
- Based in the CAHMS Access and Coordination Locality Hub

Contact Access Officer based in the CAHMS Access and Coordination Locality Hub on 020 8812 5678

Follow Up Care
- * Urgent Patient Calls (received from patient)
- * Care Plan Review
- * Review Consultation

Current stage of cancer journey
- Diagnosis - type of cancer
- Current stage of cancer journey

Latest Contacts
Go back to Contents Page
Cancer Care Review

- **Cancer care review done**
  - Cancer care review done
  - Cancer care review not found

- **Cancer care review next due**
  - Cancer care review

- **Cancer diagnosis discussed**
  - Cancer diagnosis discussed
  - Cancer diagnosis discussed not found

- **Medication review done**
  - Medication review done
  - Medication review done not found

- **Cancer information offered**
  - Cancer information offered
  - Cancer information offered not found

- **Benefits counselling**
  - Benefits counselling

- **Carer's details noted**
  - Carer's details
  - Comments:

Select which cancer care patient is on:
- Radiotherapy NEC
- Cancer chemotherapy

Last entry: D/E - height, 162.56 cm, 30/04/2007
London Cancer

Go back to Contents Page
London Cancer

Go back to Contents Page
Go back to Contents Page
### Macmillan Cancer Care Review

#### Cancer Care Review
- **Cancer care review done**: 03-May-2017
- **Cancer care review next due**: Follow Up

#### Cancer Diagnosis Discussed
- **Cancer diagnosis discussed**: Text

#### Cancer Therapy
- **Select which cancer therapy patient is on**
- **Discussion about treatment**: Text
- **Discussion about complication of treatment with patient**: Text

#### Medication Review Done
- **Medication review done**: 03-May-2017

#### Cancer Care Plan
- **Cancer care plan discussed with patient**: 03-May-2017

#### Health & Wellbeing
- **Psychological counselling**: Text

---

**Eligible for IPS Employment Trial**

**LTC LCS Eligible for Spirometry**
<table>
<thead>
<tr>
<th>Macmillan cancer care review</th>
<th></th>
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<th>03-May-2017</th>
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<tbody>
<tr>
<td>Smoking cessation advice given</td>
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<tr>
<td>Alcohol consumption</td>
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<td>U/week</td>
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<tr>
<td>Lifestyle advice regarding alcohol</td>
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<tr>
<td>Lifestyle advice regarding exercise</td>
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<tr>
<td>Cancer information offered</td>
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<td>Social</td>
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<tr>
<td>Benefits counseling</td>
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<td>19-May-2016</td>
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<tr>
<td>Prescription payment exemption</td>
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<tr>
<td>Carer's details noted</td>
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<tr>
<td>Carer's details</td>
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<tr>
<td>Information</td>
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<tr>
<td>Macmillan Information for Patients</td>
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<tr>
<td>Entitlement to medical exemption from prescription charges</td>
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<tr>
<td>Macmillan Support home page</td>
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</tbody>
</table>

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Nottingham CCG

Cancer Care Review

Review documentation
GP to have reviewed treatment summary and outcome of electronic health needs assessment where applicable (these should have been carried out in secondary care).

Review 'How are you doing?' patient questionnaire (click here to print form)

Diagnosis
Check patients understanding of diagnosis and prognosis. Any concerns?
Patients understanding of curative/palliative intent?

Treatment - Please ensure key treatments are read coded as active major problems.
Whereabouts in your treatment are you?
Any concerns with regard to your treatment?
Any side effects/consequences from treatment (including long-term consequences)?

Macmillan - 0808 808 00 00 (Mon - Fri, 9:00 - 20:00), http://www.macmillan.org.uk

Go back to Contents Page
Maximising Recovery

Refer to 'How are you doing?' document. Any concerns? Any concerns from eHNA / Care plan?

Discussion on any psychological or social issues

General Health and Wellbeing

Use to record BP, weight, smoking, alcohol etc.

Lifestyle Change

Attendance at Health and Wellbeing Event (if not consider referral to local health and wellbeing event)

Finance

Advice about finances / benefits
Advice about work

Macmillan Finance Guidance
Macmillan - work support route guide

Macmillan - 0808 808 00 00 (Mon - Fri, 9:00 - 20:00) http://www.macmillan.org.uk

Go back to Contents Page
Nottingham CCG

Cancer Care Review (Notts 2017)

WHO Performance Status
- WHO performance status grade 0 (XalmB)
- WHO performance status grade 1 (XalmF)
- WHO performance status grade 2 (XalmE)
- WHO performance status grade 3 (XalmD)
- WHO performance status grade 4 (XalmC)

Grade/Explanation of activity
- 0 Fully active, able to carry on all pre-disease performance without restriction.
- 1 Restricted in physically strenuous activity but ambulatory and able to carry out work of a light or sedentary nature.
- 2 Ambulatory and capable of all self-care but unable to carry out any work activities.
- 3 Capable of only limited self-care, confined to bed or chair more than 50% of waking hours.
- 4 Completely disabled, Cannot carry out any selfcare. Totally confined to bed or chair.

Family / Carer Status
- Please ensure carer is on the practice carers register and appropriately read coded
- Use the carers template to review carer status and access carer support resources

Cancer Care Review Done
- Cancer care review done (QOF)
- Cancer care review next due

Patient held care plan* Enter Action Points in the pop up template and then print the care plan

Step 1 - Click here to enter plan notes

Step 2 - Print Cancer Care Action Plan for patient

Macmillan 0808 808 00 00 (Mon - Fri, 09:00 - 20:00) http://www.macmillan.org.uk

Go back to Contents Page
Links - General
- RCGP Primary Care Cancer Toolkit
- Macmillan Resources for GPs
- Macmillan Recovery Package Resources
- Recovery Package FAQs

Links - Mid-Notts
- Mid Notts Clinical Pathways Cancer Section
- Nottinghamshire Help Yourself

Links - Nottingham City
- Nottingham City Pathways Cancer Section
- Nottingham City Macmillan Cancer Support Service

Links - NUH
- NUH Post Cancer Treatment Advice and Guidance
- NUH Chemotherapy and Radiotherapy Information

End of life care
Follow link below to EPaCCs template if relevant.

EPaCCS End of Life Template

Macmillan - 0808 808 00 00 (Mon - Fri, 9:00 - 20:00) [http://www.macmillan.org.uk](http://www.macmillan.org.uk)