

Families with a baby with sickle call anaemia under 12 months

# GROUP CONSULTATIONS CASE STUDY



Community Based Specialist Nursing

## What we did



## What changed and improved?

### OUR CHALLENGE

One community nurse responsible for a case load of 380 families. Families with a child under one (n= 40) must be seen every 3 months; previously this was by 1:1 home visit. Older children need more help with transition. Nurse had no time left to support them

### OUR CLINIC DESIGN

Specialist nurse (clinician) supported by a HCA (facilitator) run group clinics every month - 2 in one day. As before nurse manages her diary and books parents in by personal invite. Group clinic is presented as the only option to parents. Oxygen levels measured and baby weighed on arrival by qualified facilitator. Parents identify questions prior to clinical session, which consists of 1:1 discussions in a group setting. Siblings may attend

### OUR RESULTS BOARD

- Current haemoglobin
- Percentage of baseline
- Blood oxygen level
- Baby's weight
- Pain score

NOTE: we are still refining this

### EFFICIENCY

- Estimated caseload time management reduction for under ones reduced from 6-7 days a month to 1-2 days = 300% gain
- Clinician time freed to support older children with self management and transition to adult care

### CLINICAL IMPACT

- Too early to measure. The change in family engagement bodes well for positive impact

### FAMILY ACTIVATION

- More positive parental response (mums and dads) to nurse specialists' advice
- Powerful peer learning and support
- Previously disengaged parents accepting Sickle Cell diagnosis

### EXPERIENCE OF CARE

- Energising and rewarding for nurse specialist and facilitator
- Parents report learning more compared to 1:1 visit

### PSYCHOSOCIAL IMPACT

- Community, support, and friendships forming between parents
- Parents self-organising peer support group outside clinic
- Stigma of Sickle Cell reducing

*"It can be a slow start. It's a big change. Persevere. The third clinic left me elated. I have made group clinics the mandated care model for this group now"*

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