



Public Health
England

Protecting and improving the nation's health

Better Health for London: *Three years on*

23 October 2017

An update on indicators

It is three years since the Better Health for London report was published. This document presents the most recent data for the existing 10 indicators.

- Please note that some of the aspirations and ambitions from the Better Health for London report are not currently linked to indicators and therefore are not listed here. The data in this document gives an indication of the extent of the progress made in London.

Key

London value

Significantly better than England

London value

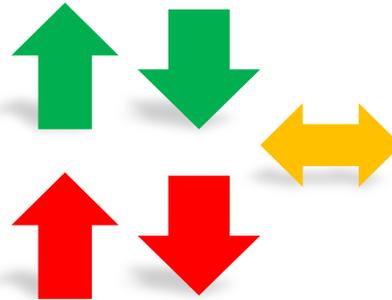
Similar to England

London value

Significantly worse than England

London value

Not compared with England



Up/down or no trend over time

- Green signifies improvement
- Red signifies deterioration
- Value indicates gap between specified years (in same units as indicator)



Value indicates current gap between London boroughs (in same units as indicator) and percentage point change in the gap since the previous year

Aspiration 1 - Give all London's children a healthy, happy start to life

2020 ambition - Ensure that all children are school-ready by age 5

Indicator: School readiness (1.02i)

Percentage of children achieving a good level of development at the end of reception (2015/16).

London: 71.2%

England: 69.3%

2015/16



2012/13



Range across London local authorities = 13.6
Change in range from 2012/13 = (-15.1)

Aspiration 1 - Give all London's children a healthy, happy start to life

2020 ambition - Achieve a 10% reduction in the proportion of children obese by year 6 and reverse the trend in those who are overweight

Indicator: Excess weight in 10-11 year olds (2.06ii)

Proportion of children aged 10-11 classified as overweight or obese (2015/16). Children are classified as overweight (including obese) if their body mass index (BMI) is on or above the 85th centile of the British 1990 growth reference (UK90) according to age and sex.

London: 38.1%

England: 34.2%

2015/16

0.6

2012/13



Range across London local authorities =20.5
Change in range from 2012/13 = (+1.5)

Aspiration 2 - Get London fitter with better food, more exercise and healthier living

2020 ambition - Help all Londoners to be active and eat healthily, with 70% of Londoners achieving recommended activity levels

Indicator: Percentage of physically inactive adults (2.13ii)

Percentage of respondents aged 16 and over, with valid responses to questions on physical activity, doing less than 30 “equivalent” minutes of at least moderate intensity physical activity per week in bouts of 10 minutes or more in the previous 28 days (2015).

London: 28.1%

England: 28.7%

2012



2015



Range across London local authorities = 25.0

Change in range from 2012 = (+9.9)

Aspiration 2 - Get London fitter with better food, more exercise and healthier living

2020 ambition - Help all Londoners to be active and eat healthily, with 70% of Londoners achieving recommended activity levels

Indicator: Excess weight in adults (2.12)

Percentage of adults classified as overweight or obese. Adults are defined as overweight (including obese) if their BMI is greater than or equal to 25kg/m² (2013-15).

London: 58.8%

England: 64.8%

+0.4

There is currently only data for 2012-14 and 2013-15.



Range across London local authorities =24.1
Change in range from 2012-14 = (+1.7)

Aspiration 3 - Make work a healthy place to be in London

2020 ambition - Gain a million working days in London through an improvement in health and a reduction in sickness absence

Indicator: Sickness absence (1.09ii)

Percentage of working days lost due to sickness absence in the previous week (2013-15).

London: 1.1%

England: 1.3%

2010-12  2013-15



Range across London local authorities = 1.2

Change in range from 2010-12 = (-0.7)

Aspiration 4 - Help Londoners to kick unhealthy habits

2020 ambition - Reduce smoking rates in adults to 13% - in line with the lowest major global city and reduce the impact of other unhealthy habits

Indicator: Smoking prevalence in adults (2.14)

Prevalence of smoking among persons aged 18 years and over (2016). Source - Annual Population Survey.

London: 15.2%

England: 15.5%

2013

-1.9

2016



Range across London local authorities = 14.9
Change in range from 2013 = (+3.4)

Aspiration 4 - Help Londoners to kick unhealthy habits

2020 ambition - Reduce smoking rates in adults to 13% - in line with the lowest major global city and reduce the impact of other unhealthy habits

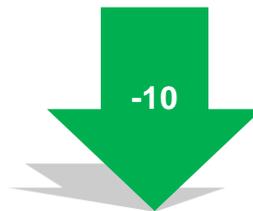
Indicator: Hospital admission rate for alcohol-related conditions (10.01)

Rate of admissions to hospital where the primary diagnosis is an alcohol-attributable code or a secondary diagnosis is an alcohol-attributable external cause code (2015/16).

London: 545 per 100,000

England: 647 per 100,000

2015/16



2012/13



Range across London local authorities = 395 per 100,000
Change in range from 2012/13 = (-67)

Aspiration 5 - Care for the most mentally ill in London so they live longer, healthier lives

2020 ambition - Reduce the gap in life expectancy between adults with severe and enduring mental illness and the rest of the population by 5%

Indicator: Recorded prevalence of people with severe mental illness known to GPs: % on register (2015/16).

The number of people registered with a GP and on the mental health register (people diagnosed with schizophrenia, bipolar disorder or other psychoses or on lithium therapy) expressed as a percentage of the total GP practice register population.

Average across London
CCGs: 1.09%
England: 0.9%



Range across London CCGs
=0.8
Change in range from 2012/13
= (0.0)

Aspiration 6 - Enable Londoners to do more to look after themselves

2020 ambition - Increase the proportion of people who feel supported to manage their long-term condition to top quartile nationally

Indicator: Proportion of people who are feeling supported to manage their condition (July 2015/ March 2016).

London : 59.0%

England: 64.3%

2012/13



2015/16



Range across London local authorities = 15.0
Change in range from 2012/13 = (+4.3)

Aspiration 8 - Create the best health and care services of any world city, throughout London and on every day

2020 ambition - Work towards having the lowest death rates for the top three killers (cancer, heart diseases and respiratory illness)

Indicator: Mortality rate from causes considered preventative (4.03)

Age-standardised mortality rate from causes considered preventable per 100,000 population (2013-15).

London: 170.8 per 100,000

England: 184.5 per 100,000

2010-12



2013-15



Range across London local authorities = 116.3 per 100,000
Change in range from 2010-12 = (-10.5)