**Great Weight Debate - survey questions**

1. London has more overweight or obese children than any other global city, including New York.

22% of 4-5 year olds are overweight or obese

37% of 10-11 year olds are overweight or obese

Are you aware of the high rates of childhood obesity in London?

* Aware
* Not aware

2. How much of a priority for London do you think tackling childhood obesity should be?

* Top priority
* High priority
* Moderate priority
* Low priority
* Not a priority at all
* Don’t know if it should be a priority

3. From the list below, please tick the top three things that you think cause childhood obesity in your area?

* Lack of places for children to play
* Lack of time, skills or facilities to prepare healthy foods
* Lack of opportunities to be physically active, e.g. sport, gardening or dancing
* Lack of opportunities for children to walk/cycle as part of day-to-day travel
* Safety concerns for children (not letting them play outside unsupervised)
* The cost of healthy food and drink
* Too many cheap unhealthy food and drink options
* Too many fast food shops
* Too much advertising of unhealthy food and drink
* I don’t think it is difficult for children to lead healthy lives in London
* Don’t know - If you don’t know what causes childhood obesity please tick here

4. What already exists in your local area that encourages a healthy lifestyle for children? Please choose from the list below.

* Cycle lanes
* Parks
* Safe to play outside
* Access to healthy food in public places
* Local leisure facilities
* Local sport and youth clubs
* Nothing exists in my area
* Not sure what exists in my local area
* Children are currently well supported and no further action is required
* Other (please specify below)

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5. How do you think children in London can be better supported to lead healthier lives? Please tick your top three solutions below.

* Cheaper healthier food and drink
* Less marketing and advertising of high fat and sugary food and drink
* Limiting portion sizes at restaurants, cafés and fast food shops
* Limits on the number of fast food shops
* Making parks safer and more accessible for people to be active in
* More awareness-raising about what constitutes a healthy weight
* Healthier food options in public places such as leisure centres and hospitals
* More opportunities for children and young people to walk or cycle as part of their day to day travel
* More places for children to be active in
* More help for children and families who are overweight
* Restaurants, cafés and fast food shops to display calories on menus
* Support for families to cook healthier foods

6. If you have other ideas to help tackle childhood obesity, please list them here:

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**Demographics:**

The following questions will be used to help us understand how views on this issue differ by age, gender and other characteristics. This information will not be used to identify you.

7. Please can you tell us the first half of your postcode? For example if your postcode is BS25 0RZ please enter BS25.

**Please leave blank if you prefer not to answer.**

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8. How old are you?

* Under 12 years old
* 12-17 years old
* 18-24 years old
* 25-34 years old
* 35-44 years old
* 45-54 years old
* 55-64 years old
* 65-74 years old
* 75 years or older
* Prefer not to say

9. Which of the following best describes your gender:

* Male
* Female
* Prefer not to say

10. Which of the following best describes your gender identity?

* Gender identity is the same as the gender originally assigned at birth
* Gender identity is different to the gender originally assigned at birth

11. Please specify your ethnicity

* WHITE – British
* WHITE – Irish
* WHITE – Any other white background
* ASIAN or ASIAN BRITISH – Indian
* ASIAN or ASIAN BRITISH – Pakistani
* ASIAN or ASIAN BRITISH – Bangladeshi
* ASIAN or ASIAN BRITISH – Any other Asian background
* MIXED – white and black Caribbean
* MIXED – white and black African
* MIXED – white and Asian
* MIXED – any other mixed background
* BLACK or BLACK BRITISH – Caribbean
* BLACK or BLACK BRITISH – African
* BLACK or BLACK BRITISH – any other black background
* OTHER ETHNIC GROUP – Chinese
* OTHER ETHNIC GROUP – any other ethnic group
* I do not wish to disclose my ethnic origin

11. If you have a child/children please tell us how many you have:

* 1
* 2
* 3
* 4
* 5
* 6+
* Prefer not to say

12. If you have a child/children please tick the age groups they belong to**. You can tick more than one.**

* 1
* 2
* 3
* 4
* 5
* 6
* 7
* 8
* 9
* 10
* 11
* 12
* 13
* 14
* 15
* 16
* 17
* 18+
* Prefer not to say

**Get involved!**

Thank you for completing this survey. For more information please visit [**The Great Weight Debate**](http://gethealthy.london/the-great-weight-debate/)website.

If you would like to get involved in the challenge to reduce childhood obesity or want to know more about the progress being made in your area please include your email address in the box below.

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