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|  | **Questions To Ask At Your Appointment.**  We appreciate that coming to hospital can be an anxious time and want to ensure that you get the most out of your appointment. You may find this sheet useful to help you prepare for your consultation.  **Before your appointment**   |  | | --- | | Write down here your two or three most important questions:  1.  2.  3. | |
| **Tests and treatment:**  If you are having any ***tests***, make sure you have been told:   * What the tests are for * How you will get the results * When you will get the results * Who to ask if you don’t get the results   If you are going to have ***treatment***, make sure you have been told:   * The reasons for the treatment * What the treatment involves (what will happen) * What are the benefits of the having the treatment * Whether there are any side effects or risks | **During your appointment**     * Don't be afraid to ask if you don't understand. For example, “Can you say that again? I still don't understand.” * If you don't understand any words, ask for them to be written down and explained. * Write things down, or ask a family member or friend to take notes.   **Before you leave check that:**   * Your questions have been answered. * You know what will happen next * You know who to contact if you need help once you have left the department. |