



Healthy London Partnership

Quarterly update – January 2017

Welcome to our latest update. We have plenty of exciting work underway and are pleased to share some of our favourite highlights. Our goal to improve care for Londoners experiencing mental ill health has been firmly in the spotlight. In December, we launched London's new section 136 pathway and Health Based Place of Safety specification at City Hall with our partners across health and care, including Sadiq Khan, Mayor of London, and London's police forces. We were excited by the energy on the day and encouraged by the support shown by the many agencies involved in crisis care. BBC London TV and radio embraced the topic and social media conversations reached over 3 million people.

We are increasingly seeing the benefits of partnering with organisations that reach across health and care and beyond. Among our latest connections are the London Fire Brigade and the Co-op. Together we hosted free Christmas lunches and health support for vulnerable adults. This was a chance to capitalise on local community resources and test potential for shared initiatives with like-minded and motivated groups. We think this is a wonderful example of inspiring action from organisations and individuals crossing traditional boundaries to take a shot at working together for the benefit of Londoners. We are always on the lookout for opportunities that can enhance NHS investments and encourage more people to take an active role in making London the world's healthiest city. If you have an idea you would like to explore, we would love to hear from you.

As our network grows, so too do our thanks. Our success depends on the commitment and enthusiasm of many leaders, experts and clinicians. We are grateful for their input and would like to thank everyone involved in Healthy London Partnership for their continued dedication to making positive changes to health in the capital.

PROGRAMME PROGRESS



Cancer

We presented the proposals for London's new cancer operating model at a London Cancer Partnership event in December. It included governance arrangements across London and shared sustainability and transformation priorities. Key stakeholders involved in developing the operating model included London's CCGs, NHS England London, South East London Cancer Network Alliance, the developing cancer vanguards and other partners. We are continuing to support systems across London to make improvements that address cancer standards for waiting time. We held events for radiology and endoscopy teams, demonstrating diagnostics improvements and best practice for optimising diagnostics services. Our Earlier Diagnosis Team completed an audit of NG12 urgent suspected cancer referral guidance implementation and results are being shared with stakeholders.



Children and young people

We have published **Out of hospital care standards for London's children and young people**. These are for commissioners and providers, and designed to promote quality and standardisation across London. We also now have a suite of online case studies **Compendium: New models of care for acutely unwell children and young people**. It brings together models of acute care that can be delivered within ambulatory settings at hospitals or in community and home settings. Many of the case studies included illustrate how the standards can be used to drive improvement in quality and support commissioners to identify opportunities in their local areas.

PROGRAMME PROGRESS



Digital

We are well underway developing the London Health and Care Information Exchange. It will enable patient information to be shared securely for the purposes of direct patient care between agreed NHS organisations across London. Authorised NHS clinicians will be able to view realtime records, update patient notes and receive alerts and notifications about changes to a patient's care. There are three components to the London Health and Care Information Exchange: a data controller console; information exchange; and an online account. We are now in the testing phase for the data controller console and the information exchange prototype testing will begin in March 2017.



Homeless health

We published **More than a statistic** in October. It reports on conversations with over 90 people who are homeless in London. It includes examples of when systems and pathways break down, and where positive interventions have led to life-changing results. We used this to inform **Healthcare and people who are homeless – Commissioning Guidance for London**. It sets out 10 commitments for CCGs to work toward to commission high-quality, timely and coordinated healthcare. In December 10,000 'my right to access healthcare cards' were distributed across London. These were in high demand with an extra 50 organisations working with people who are homeless in London asking for more. The cards were produced in partnership with Groundswell and Healthwatch. They aim to help people who are homeless in London register and receive treatment at GP practices.

PROGRAMME PROGRESS



Mental health

Over 200 people have helped shape the case to pilot a world first digital mental health project in London. Now along with hundreds of people across London, including the Mayor of London, NHS and council leaders, and local residents, we are working to develop a digital service that helps Londoners improve and maintain good mental wellbeing.

Our Early Intervention in Psychosis team has developed a range of materials designed to support GPs if they suspect someone may be experiencing their first episode of psychosis. Resources are hosted on My health London's website: www.myhealth.london.nhs.uk/your-health/psychosis.

Our **Perinatal mental health services guide** to help commissioners navigate this complex health pathway is now available. It has been produced in partnership with the London Clinical Networks, with input from health and social care professionals and others who have lived experiences of mental ill health.



Personalisation and self-care

We have been working on the evidence-base needed to increase confidence in the value of person-centred care and encourage community approaches supporting self-care. We are developing resources to support commissioners with social prescribing – an area prioritised by all of London's sustainability and transformation plans. We are also building relationships with organisations that can play positive roles in community health, for example with the London Fire Brigade and the Co-op. We are pleased to announce Dr Jagan John has been appointed as GP lead to champion digitally enabled self-care.

PROGRAMME PROGRESS



Prevention

We have conducted an evaluation of Healthy Living Week. This was a week-long NHS event engaging staff in health and wellbeing activities. Around 100,000 people from 45 organisations took part, collectively taking part in more than 250 activities ranging from mindfulness to Nordic walking and healthy lunches. It showcased the growing collaboration between commissioner and provider NHS organisations and hospital charities for workplace health. Two thirds of the CCGs and NHS trusts that took part were inspired to sign up or be accredited in London's Healthy Workplace Charter. The charter is an initiative we are working on with the Mayor of London to encourage businesses and organisations to prioritise the health and wellbeing of their employees and make positive changes in workplace environments and attitudes.

The Healthy Steps Together workstream has delivered on all three of the community-generated obesity interventions – in Tower Hamlets, Hackney and Haringey. The initiatives are being independently evaluated and attracted over £36,000 of in-kind value and crowdfunding.

Christmas with the London Fire Brigade and the Co-op

In the lead up to the holidays, the team worked with the London Fire Brigade and the Co-op to coordinate free Xmas lunches, gifts, public health information and support for vulnerable adults at fire stations in six London boroughs. This is an example of the types of new organisational relationships we will be developing with partners beyond the NHS to host proactive and preventative health approaches in the community. In the new year the London Fire Brigade will play a key role in a new project 'Safe and well visits' as well as providing flu immunisation at their sites.

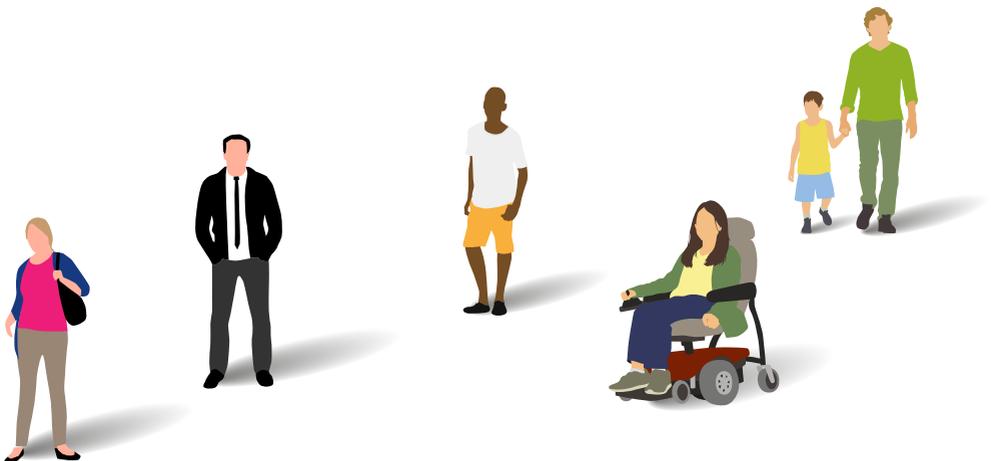
PROGRAMME PROGRESS



Primary care

We have negotiated an innovative approach for how London delivers extended and improved access. It includes enabling CCGs to access funding up to two years earlier than expected. We anticipate that by using general practice access funds differentially across London, 8am to 8pm, seven-day, general practice will be available to 65 per cent of Londoners by April 2017. Almost all of the capital can be covered by 2018.

We are continuing to support local areas using the resilience programme. This has released £4.2 million of provider development and resilience funding to sustainability and transformation planning areas. The programme aims to develop a range of support that will help practices become more sustainable and better placed to tackle the challenges they face now and into the future, securing continuing high-quality care for patients. The Patient Online Programme saw London celebrate hitting the 1 million mark for appointments online.





Urgent and emergency care

We are delighted to announce the successful launch of London's section 136 pathway and the all age Health Based Place of Safety specification. The guidance was officially launched by the Mayor of London, Sadiq Khan at an event at City Hall in December. Over 120 delegates attended the event to launch the new guidance, this included service users and representatives from London's Mental Health and Acute Trusts, London Ambulance Service, Police, Local Authority and the voluntary sector. The new guidance, developed in partnership with London's crisis care system is aimed at improving the care of vulnerable Londoners facing a mental health crisis, and ensure Londoners detained under section 136 of the Mental Health Act are offered timely, high-quality care, in an appropriate location.

We have also been working towards launching an NHS 111 pilot London app early in the new year. Over a million residents in north-central London (Barnet, Camden, Enfield, Haringey and Islington) will get access to an app to check symptoms and get accurate, safe, medical advice, 24/7 in just a few taps. People in the five boroughs will be able to download a new, free health app, NHS 111 powered by babylon, to help inform the development and delivery of an online service. It will complement the existing NHS 111 telephone service and mean immediate, accurate and personalised advice and medical information will be available from their smartphones, wherever they are, whatever the time of day, helping people to take control of their own health.

HEALTHY LONDON PARTNERSHIP KEY CONTACTS

Do you have a topic you would like to explore? Take a look at our website www.healthy london.org

If you have an idea you would like to take further, we would love to hear from you. Please get in touch with questions, feedback or suggestions by emailing england.healthy london@nhs.net. Alternatively if you are interested in a particular programme please see contact details below.

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