**Discharging Children and young people from Hospital following an emergency presentation.**

*NRAD, 2014*

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The above are findings from the National review of asthma deaths (2014). They highlight that an emergency presentation should be treated as an important contact and an opportunity to provide asthma plans and education. Furthermore, the London Asthma standards also state that all children who have had an out of hours presentation must be followed up with 2 working days by their GP. In busy clinical settings it can be helpful to have the relevant documentation and aids to discharge children correctly with the correct medication in one pack.

Below are examples of what can be added in a discharge pack that is kept in out of hours GP, paediatric emergency departments and paediatric wards.

**Age 2-7 years**

1. Asthma action plan
2. <https://www.monkeywellbeing.com/wp-content/uploads/2014/09/asthma-plan-v3.pdf>
3. Information for parents <https://www.monkeywellbeing.com/shop/monkey-asthma-attack-storybook-monkey-asthma-activity-guide-multi-buy/>
4. Pre-done TTA (appendix 1)
5. Letter to parents to book a 48 hour review with their GP (appendix 2)

**Age 7-12 years**

1. Asthma action plan <https://www.asthma.org.uk/globalassets/health-advice/child-asthma-action-plan.pdf>
2. Information about asthma for parents (see poster TIME from schools section <https://www.asthma.org.uk/globalassets/health-advice/resources/children/asthma-and-my-child-booklet.pdf>
3. Information for children (<https://www.healthylondon.org/wp-content/uploads/2017/10/Asthmanauts-book.pdf> )
4. Pre-done TTA (appendix 1)
5. Letter to parents to book 48 hour review with their GP (appendix 2)

**Age >12 years**

1. Asthma action plan <https://www.asthma.org.uk/globalassets/health-advice/adult-asthma-action-plan.pdf>
2. Information for the young person (<https://www.asthma.org.uk/globalassets/health-advice/resources/children/asthma-and-my-child-booklet.pdf> )
3. What to do in an attack ([http://healthylondon.org/hlp-archive/sites/default/files/What%20to%20do%20in%20an%20asthma%20emergency.pdf)](http://healthylondon.org/hlp-archive/sites/default/files/What%20to%20do%20in%20an%20asthma%20emergency.pdf%29%20)
4. Smoking cessation advice leaflet
5. Pre done TTA (see appendix 1)
6. Reminder about 48 hour review with GP and to book appointment (appendix 2)



protocol.

**Appendix 1 – Pre done Discharge medication prescription.**

Nb: if you have electronic prescribing this can be added as a paediatric asthma

**Paediatric A&E Wheeze/Asthma Discharge TTO**

**For use in >2 years of age only**

**Signed:**

**Name:**

**Date:**

**Checklist** – Ensure this is done before patient leaves the department

1. Has the patient got an appropriate wheeze/asthma plan
2. Does the patient have a weaning plan for their salbutamol
3. Has the parent/patient demonstrated effective inhaler technique

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Medication** | **Dose** | **Frequency** | **Route** | **Duration** |
| **Salbutamol** | As per weaning plan | As per weaning plan | Inhaler with spacer | 3 days |
| **Prednisolone** |  ………mg(2mg/Kg max 40mg) | Once a day | Oral | 3 days |
| **Aerochamber Spacer**Yellow 2-5 years oldBlue > 5 years |  | With every inhaler use |  |  |
|  |  |  |  |  |
|  |  |  |  |  |
|  |  |  |  |  |

Patient Details/ please affix patient label

**Allergies:**

**Weight:**

Date:

**Appendix 2- 48 hour Review with GP prompt**

**Appendix 2: 48 hour Review information**

**PLEASE BOOK A REVIEW APPOINTMENT WITH YOUR GP WITHIN THE NEXT TWO WORKING DAYS**

**Signed:**

**Name:**

**Date:**

**We have provided them with the following:**

1. Has the patient got an appropriate wheeze/asthma plan
2. Does the patient have a weaning plan for their salbutamol
3. Has the parent/patient demonstrated effective inhaler technique

Patient Details/ please affix patient label

**Discharge Medication:**





Dear Parents/Child/Young Person

It is important that following your presentation to the emergency department/out of hours GP that you are review before your oral steroid course is completed. This is to make sure that you are continuing to improve and to review your child’s asthma. Please take this letter with you to the GP to help you make an appointment and to inform the practice nurse/Doctor what treatment you had in the emergency department.

**Presented with**

Mild exacerbation Moderate Exacerbation Severe Exacerbation

**They Required**

Burst Therapy Nebulisers Oxygen Antibiotics

**Follow Up**

General Practice Hospital