

48 hour GP review for children who have attended ED or been admitted to hospital with wheeze or asthma

This leaflet explains more about the recommended 48 hour GP review for all children who have attended ED or been admitted to hospital with wheeze or asthma. If you have any further questions, please speak to a member of the team.

What is the 48 hour review?

If your child has either been

- treated out of hours in the emergency department (ED or A&E) for asthma or wheezing
- admitted to hospital with asthma or wheezing

then they should be seen by their own GP within 48 hours (two working days) of leaving hospital (being discharged).

The GP will review your child to make sure their attack is subsiding and that their asthma or wheezing is being managed as well as possible outside of hospital.

Don't forget to book your child a 48 hour review with their GP.

What happens at the 48 hour review?

At the review, your child's GP will:

- check your child's attack is resolving ok
- decide how long your child will need to take oral steroids (prednisolone) for. This will normally be three - five days but may sometimes be longer
- review your child's bronchodilator (salbutamol / blue inhaler) weaning plan and make sure you have enough
- check your child's inhaler technique
- review preventative treatment and make any changes needed to your child's records
- identify and discuss the trigger for the attack
- assess how the attack was managed at home, and work with you to see if this could get better so your child might not have to go to hospital for treatment in future
- look with you at anything else that may be having an impact on your child's asthma or be happening because of it (psychosocial)
- give any help needed with giving up smoking
- update your child's personalised asthma action plan, or create one for them and give it to you.

What do I need to bring with me to the 48 hour review?

Please bring all of your child's spacers and inhalers to the review, as well as a copy of their written personalised asthma action plan and a copy of their discharge letter.

Useful sources of information

You may find the following websites useful:

www.stgeorges.nhs.uk

www.asthma.org.uk

Contact us

If you have any questions or concerns about the 48 hour GP review, please contact the children's asthma nursing team on 020 8725 3043 (Monday to Friday, 8am to 6pm). Out of hours, please email: stgh-tr.childrensasthma@nhs.net or paediatricasthma@stgeorges.nhs.uk

For more information leaflets on conditions, procedures, treatments and services offered at our hospitals, please visit www.stgeorges.nhs.uk

Additional services

Patient Advice and Liaison Service (PALS)

PALS can offer you on-the-spot advice and information when you have comments or concerns about our services or the care you have received. You can visit the PALS office between 9am and 5pm, Monday to Friday in the main corridor between Grosvenor and Lanesborough Wing (near the lift foyer).

Tel: 020 8725 2453 **Email:** pals@stgeorges.nhs.uk

NHS Choices

NHS Choices provides online information and guidance on all aspects of health and healthcare, to help you make decisions about your health.

Web: www.nhs.uk

NHS 111

You can call 111 when you need medical help fast but it's not a 999 emergency. NHS 111 is available 24 hours a day, 365 days a year. Calls are free from landlines and mobile phones.

Tel: 111

