

# Guide to flu vaccinations for care workers in London

## Why are flu vaccinations important for care workers?

Every year a few care homes are closed to new admissions due to a flu outbreak, which means more elderly people are delayed in hospital, residents can end up in A&E, hospitals can end up with outbreaks of flu and care home staff can become ill, putting other elderly residents at risk and affecting staff's ability to care for them.

## Who is eligible for a free flu vaccination?

The NHS is now offering free vaccinations for all care workers:

- Health and social care staff, employed by a registered residential care/nursing home or registered domiciliary care provider, who are directly involved in the care of vulnerable patients/clients who. Vulnerable means those patients/clients in a clinical risk group for flu or who are aged 65 years and over.
- Health and care staff, employed by a voluntary managed hospice provider, who are directly involved in the care of vulnerable patients/clients.

## How can I get my free flu vaccination?

1. Visit a local pharmacy
2. Attend a pop-up clinic organised by my care home

To find a local pharmacy offering the free flu vaccination search for your address on [www.londonflu.co.uk](http://www.londonflu.co.uk)

## What is a pop up clinic?

Care homes can request a pop clinic at their premises, where a pharmacist will deliver flu vaccinations to their staff. Care homes can have up to three clinics where at least 10 members of staff or more would like to have the flu vaccination.

It's easy to do by following the steps below:

1. Visit London Flu website [www.londonflu.co.uk](http://www.londonflu.co.uk)
2. Click on the Care Home and Trust tab
3. Fill in your details and your local pharmacy team will be in touch to arrange the pop up clinic

If you have any further questions about the free flu vaccinations then please do not hesitate to contact us at [hlp.uecimprovement@nhs.net](mailto:hlp.uecimprovement@nhs.net)