



HELPING CHILDREN AND YOUNG PEOPLE BE HEALTHY, HAPPY, AND WELL



A CATALYST  
FOR INNOVATION  
IN HEALTH

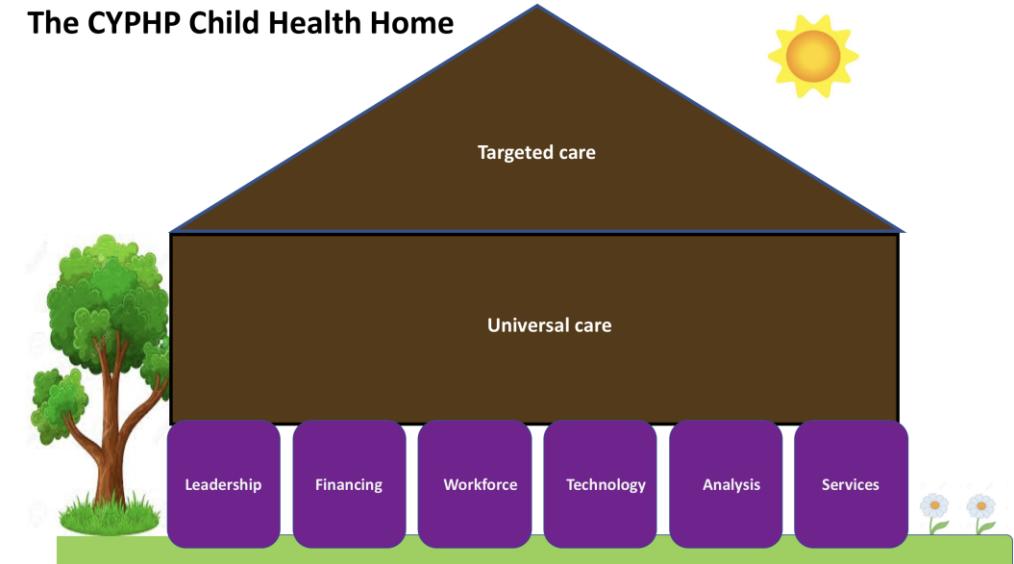


# The CYPHP Child Health Home

## Working in Lambeth and Southwark

# Did you know?

- If the UK were among the best in Europe, up to **5 children's lives could be saved each day.**
- Children with **physical health conditions often have hidden emotional problems too**, which can affect their school and home life.
- Around one in three children is living in poverty, and this number is increasing. **Poverty causes ill health and prevents children from reaching their full potential in life.**
- Improving children's health is **investing in the future.**



The CYPHP model of care improves health for all children through better healthcare and a stronger health system.

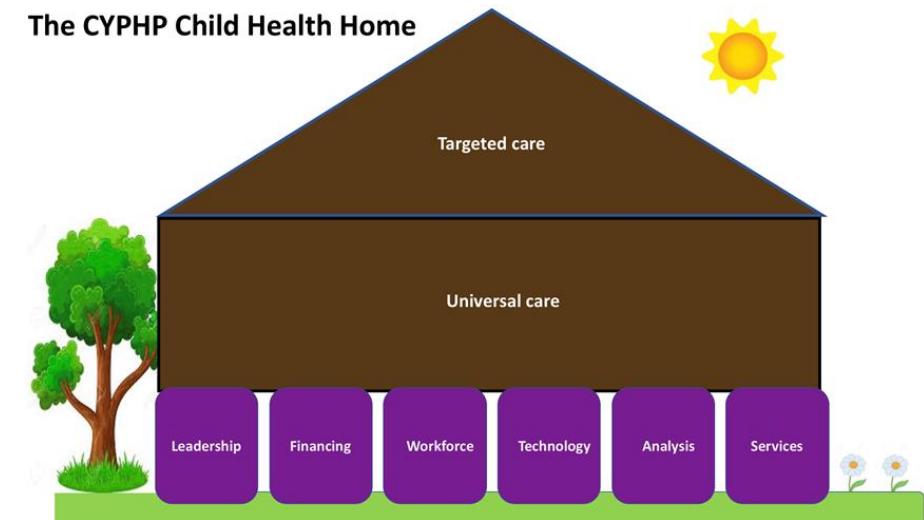
# Better care and support to improve children's health in Lambeth and Southwark

**Children with ongoing conditions benefit from CYPHP's targeted care.**

- ✓ Currently focused on asthma, eczema, constipation, and epilepsy.
- ✓ Care tailored to each child's physical and mental health needs in the context of their family and social conditions.
- ✓ CYP health teams provide care for the whole child.
- ✓ Health Checks and Health Support Packs provide supported self-management advice for families.

**All children from CYPHP's universal care.**

- ✓ Health promotion.
- ✓ Emotional resilience building and mental health first aid at school.
- ✓ Age-appropriate care for young people.
- ✓ Support for parents and professionals in managing common problems and minor illnesses.
- ✓ Clinics delivered by GPs and Paediatricians working together in primary care.



# CYPHP care



## Health Checks and Health Support Packs

Information to help tailor care

Supported self management for parents.



## CYPHP Care

Multidisciplinary care for children with ongoing conditions.



## In-reach clinics

GPs and Paediatricians in primary care.

# CYPHP support



## Hotlines

Urgent advice for GPs.



## GP Guidelines

About important childhood conditions.



## Patch Paediatrician

Advice and support for GPs.



## Training and Education

Mind, Body, and Health Promotion for health, youth workers, schools.



## Emotional Resilience training

At school, with mental health first aid.



## Age Appropriate Care

Teen Health Talk, Youth Friendly Practice.



## Minor Illness and Wellness

Signposting and support for parents.



## Health Checks and Health Support Packs

# How does CYPHP work?

CYPHP is about improving children's health.  
We provide *support for existing services and new services* for children.



Parents and families can self-refer children with ongoing conditions for CYPHP care.



GP practice

## Non-urgent?

GPs can access support and refer for care:

- Guidelines & Decision support tools.
- Patch Paediatrician.
- In-reach clinics – for general paediatric conditions.
- CYPHP care for on-going conditions.

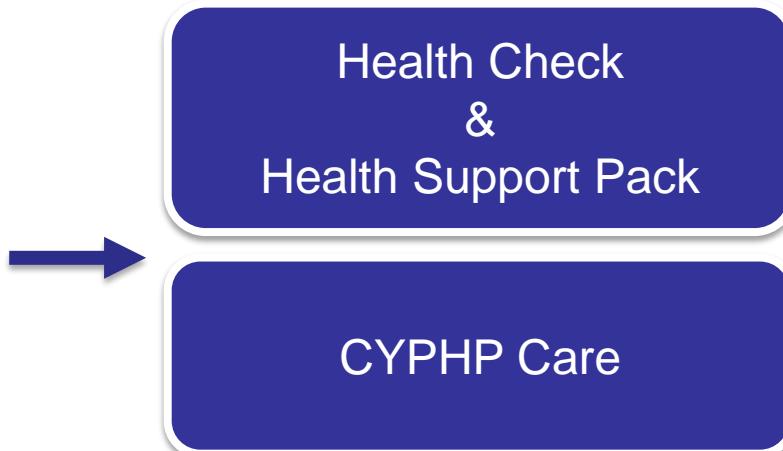


Hospital

## Urgent?

- A&E
- Hotline
  - Evelina London: 0755 715 9092
  - King's College Hospital: 0203 299 7802

# GP guide to CYPHP care – for children with Ongoing Conditions



## How do you refer?

**Patients can self-refer**, by visiting [www.cyphp.org/health-check](http://www.cyphp.org/health-check) and completing the CYPHP Health Check.

**Professionals can refer:**

1. Give patients the CYPHP Health Check website link (as above).
2. [Contacting CYPHP directly](#).

To support access to care, patients will be invited into CYPHP through the **GP call-recall service**.

## Which CYP can you refer?

Any child with an ongoing condition

CYPHP is starting with 4 tracer conditions:

- Asthma
- Eczema
- Epilepsy
- Constipation

## Frequently Asked Questions

### What is a Health Check?

Health Checks ask about a child's health and wellbeing. The information helps the CYP health team to deliver tailored care for mind, body, and social context.

### What is a Health Support Pack?

Resources and top tips for improving, monitoring and managing health conditions.

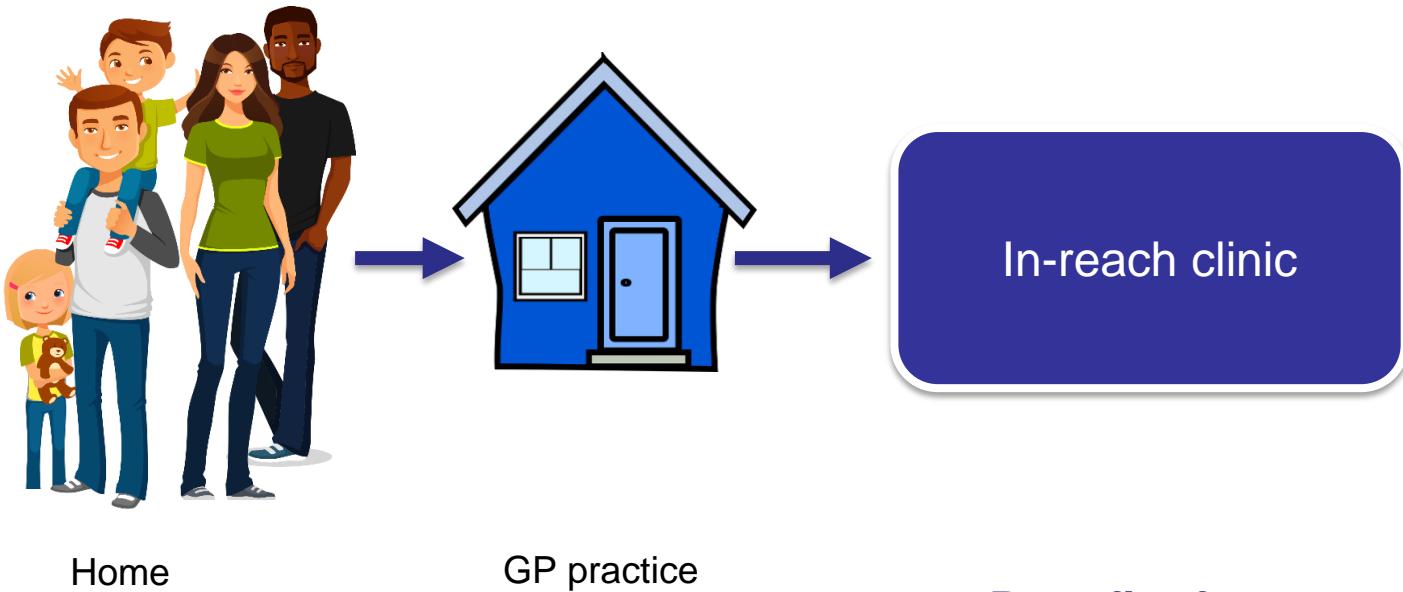
### What is CYPHP Care?

Tailored care for mind, body, family and social context, for children with ongoing conditions. Care is delivered at or close to home, by a specialist CYP health team.

### Is CYPHP care available in my area?

Everyone has CYPHP support now. Over two thirds of GP practices in Lambeth and Southwark have CYPHP care, with more to come as we roll out in stages.

# GP guide to CYPHP care – for children with Any Condition



Home

GP practice

## Which CYP can you refer?

Any child who you would refer to hospital outpatients – but they will be seen faster and closer to home.

## How do you refer?

Email your Patch Paediatrician.

Who is my Patch Paediatrician? Ask [Julien Hersh](#)

## Benefits for:

### GPs

- Quicker access to specialist care for your patients.
- GPs and paediatricians learning from each other, forming close teams through partnership working.

### CYP

- Families have comprehensive care for children, more quickly and closer to home.

## Frequently Asked Questions

### What is CYPHP In-reach?

Part of “universal care” available for children with any condition.

Children are referred to In-reach by GPs, but instead of hospital outpatients, In-reach clinics are held close to home in GP practices. Families are seen faster, with multidisciplinary care from GPs and paediatricians working together to deliver expert care.

### Is CYPHP care available in my area?

Everyone has CYPHP support now. Around half of GP practices in Lambeth and Southwark have CYPHP care, with more to come as we roll out in stages.

### What does this mean for me as a GP?

Based in local GP surgeries, GP colleagues work with hospital general paediatric consultants (from Evelina London and Variety Children's [Hospital@King's](mailto:Hospital@King's)) to assess and treat children and young people under 16 years in the same appointment.

# Children and family perspective of CYPHP care

