Healthy London Partnership

Improving children and young people’s out-of-hospital care

Children and young people’s health partnership (CYPHP), Evelina Children’s Hospital

Started: Programme in Autumn 2016, Model live in January 2017
Region: Lambeth and Southwark
Geography: Urban
Estimated local pop. 0-18 years: 120,000

Background
To develop and test a new model of comprehensively integrated care, as part of a strengthened child-centred health system.

Aims
To improve children and young people’s health, improve the quality of healthcare, and strengthen the health system for all children and young people in Lambeth and Southwark.

Target patient groups
0-24 years.

The model is designed to benefit all children and young people through a universal and targeted approach to improving the quality of Everyday healthcare and Long-term condition care.

The service model

Everyday Healthcare is about improving the quality of care for common and minor illnesses.

- children and young people health teams and clinics working in primary care
- Bio-psycho-social assessments for children and young people-centred care
- Paediatric hotlines for real-time specialist support to primary care
- Decision-support tools and guidelines integrated into GP IT systems
- Young-people friendly access to healthcare
- children and young people-friendly technology and support for behaviour change
- Special focus on Looked-After-Children
- Transformative education and training for health professionals, youth and social workers, teachers, parents and carers.
- Health promotion as core to healthcare
• Everyday Healthcare links with local Hospital at Home services and Children’s Acute Referral and Ambulatory Care Services.

**Long term condition care** is comprehensive care that considers the body, mind, and social circumstances of children and young people with chronic conditions such as asthma or epilepsy.

• children and young people Health Teams and Clinics in primary, secondary healthcare and community settings
• Bio-psycho-social assessments for children and young people-centred care
• Schools are part of health teams
• Behaviour change support
• Medication reviews by pharmacists
• Social and youth workers
• Health promotion is a core part of care

CYPHP is part of a Learning Healthcare System for CYP. We use the best available evidence to shape and deliver care, and evaluate our work as part of a cycle of continuous improvement.

**Opening times**

The CYPHP model is about improving existing services, therefore is part of and operates according to usual NHS practice.

**Staffing**

Specialist children’s nurses, GPs, general paediatricians, child and adolescent mental health, youth workers, social workers, pharmacists, teachers.

**Who can refer**

The CYPHP model is about improving existing services, therefore is part of and operates according to usual NHS practice.

**Who is accountable for patients?**

The CYPHP model is about improving existing services, therefore is part of and operates according to usual NHS practice.

**Resources**

CYPHP is designed to move care appropriately as close to home as possible. Clinics are held in primary, community, and secondary care settings, and CYPHP works in schools too.

**Funding organisation**

Guy’s and St Thomas’ Charity

**Level of patient/family involvement**
The CYPHP programme is co-chaired by a local parent. We have a parents and carers group and a young people’s group; both have been closely involved in the design of the model, and are working with us in planning and delivering the evaluation of the programme.

**Level of integration in the system**

**Vertical:** CYP Health Teams and Clinics are about delivering CYP-centred care, strengthening links between primary and secondary care and between physical and mental health. Access to care and age-appropriate care are important principles of this aspect of the model.

**Horizontal:** Health, schools, and social care are brought together in both Everyday Healthcare and Long-term Condition care, and by supporting teachers to build resilience among children at school.

**Population:** Health promotion is a core part of care, supported through guidelines, decision support tools, and education and training. The model of care is shaped according to population health need, and aligns and synergises with public health and local policy.

**Longitudinal:** Age-appropriate care, for example young people-friendly services in primary and hospital care.

**Evaluation**

CYPHP programme will launch in 2016, and the model will go live in early 2017. We have a comprehensive evaluation plan which will measure health, healthcare, and health system outcomes throughout the 4-year programme.

**Challenges, successes, lessons learned and advice**

Implementation evaluation and analysis of lessons learned is a key part of the evaluation plan. We will share the results of these analyses as soon as they are available.

**Contact for more information**

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